OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LEGEND SP-Sun Porch HH-Hammond Hall MR-Magnolia Room GR-Game Room AZ-Azalea Room BL-Back Lobby BD-Bus Depot	HAPPY BIRTHDAY THOMAS SPENCER B110 10/3 BUDDY ENNIS A808 10/7 JANET RUTLEDGE B614 10/7 AUDRIE KELTON B208 10/11 CECELIA BONFILS B105 10/15 ED NUGENT A310 10/16 WRIGHT HARDY A508 10/17	HAPPY BIRTHDAY JAN ROESNER B909 10/21 JAMES THACKSTON A1011 10/21 KAY HORNSBY A108 10/21 YISHENG NI A314 10/22 REID HORNE A1005 10/23 JANE SCHULTZ A202 10/23 NANCY HOPE A303 10/24 JANET METCALF A711 10/24	HAPPY BIRTHDAY PAUL KAPPHAHN B910 10/25 JUDITH HARNSBERGER B706 10/31 GLENDA MORRIS B304 10/31	1 9:30AM: The Good Place Farms w/lunch at Blue-Eyed Daisy $30 BD 10AM: Chair Aerobics HH	2 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Costco Depot	3 10AM: Strength & Balance HH 12PM: Help Tech with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
4 2:30PM: Jesus over Everything Fellowship MR	5 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 5PM: Elegant Steak Dinner SP 7PM: Phase 10 GR	6 9AM: Buy 4 Nothing SP 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi GR 1PM: Manipulation AZ 1:30PM: Rummikub GR 1:30PM: Bible Study Make-Up Session MR 6:30PM: Vespers SP	7 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Loose Shoes Band SP 7PM: Canasta Hand & Foot GR	8 10AM: Atlanta Botanical Gardens $30/Lunch @ The Nook BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH	9 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Target Depot	10 10AM: Strength & Balance HH 12PM: Help Tech with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 2:30PM: Jesus over Everything Fellowship MR	12 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 1:30PM: HRLS-Emory St. Joseph Speaker on Fall Prevention SP 3:30PM: Sing-Along SP 4:30PM: Big Door Winery Dinner & BINGO Front Door 7PM: Phase 10 GR	13 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Rummikub GR 1:30PM: Bible Study Make-Up Session MR 2PM: Puzzle Contest- SP 6:30PM: Vespers SP	14 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 7PM: Canasta GR	15 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 3PM: Keyboard player Don McBroom SP 4:30PM: Dinner/Rip Cord Show at Stage Door w/dinner at Brooklyn Cafe $29 BD	16 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Whole Foods Depot 4:30PM: Sean Thrower DR	17 10AM: Strength & Balance HH 12PM: Help Tech and with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
18 2:30PM: Jesus over Everything Fellowship MR	19 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 1:30PM: HRLS-Dan Coffer w/City of Sandy Springs will speak on the history of Sandy Springs SP 3:30PM: N2U Band SP 7PM: Phase 10 GR	20 10AM: Standing Aerobics HH 10AM: Halloween Dinner Party Reservations FL 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Bible Study Make-Up Session MR 1:30PM: Rummikub GR 2:30PM: Shredding Event EPL 6:30PM: Vespers SP	21 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Clay Willett Music SP 5PM: Craig Gleason DR 7PM: Canasta GR	22 10AM: Chair Aerobics HH 10:45AM: Sweety's Cafe & Tea Room at The Mill $40 BD 1:30PM: Tai Chi HH	23 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Goodwill BD	24 10AM: Strength & Balance HH 10AM: MVT Fall Festival SP and CY 10:15AM: Happy Tails BL 12PM: Help Tech w/Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
25 2:30PM: Jesus over Everything Fellowship MR 4PM: Book Club - Library	26 10AM: Chair Yoga HH 10AM: North Springs High School - Springs Virtuosi SP 10:30AM: Sensory Activity PCC 11:30AM: Paul Long SS Paramedic MR 2PM: Hands on Charcuterie Board Activity DR 7PM: Phase 10 GR	27 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Rummikub GR 1:30PM: Bible Study Make-Up Session MR 6:30PM: Vespers SP	28 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Board Meeting SP 3PM: Publix Depot 7PM: Canasta GR	29 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 4:30PM: Halloween Dinner Party w/Class Act Band DR	30 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Costco BD 5PM: Sean Thrower DR	31 10AM: Strength & Balance HH 12PM: Help Tech w/Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP