

ADMINISTRATION CORNER



Happy Friday everyone. I hope everyone has had a great week. Just a few items for discussion this week.

Administration

The shredding truck will be on-site on Wednesday, April 22. If you have items to be shredded, please bring them to the employee parking lot between the hours of 1:00 PM and 2:30 PM.

All items should be placed in a bag, box, or container and left under the awning in the designated area. This area is on camera, so your items will be secure. The truck will pick up all materials for shredding at approximately 2:45 PM.

Please note, the truck will not wait for additional items. All materials must be dropped off within the designated time frame.

I want to remind everyone that if you are using a mobility device, such as a scooter, you should only be using the double elevators. This policy was established in 2025 due to safety concerns and space limitations in the A and B elevators. The smaller elevators are not designed to accommodate these devices, and their use can result in damage to the elevators as well as pose a risk to other residents. Fines will be issued if this policy is not followed.

We have heard some confusion regarding Celebration of Life services scheduled for tomorrow. To clarify, there is only one service booked, which is for Ms. Varion Spears, and it will be held in the Sun Porch.

Activities

Fulton County Senior Services is offering a web-based training on avoiding cyber threats. This is a 45-minute course that can be completed at your own pace. Please see the link included if you are interested:

<https://fultoncountyga.gov/Inside-Fulton-County/Fulton-County-Departments/Senior-Services/ACT-Cybersecurity-for-Seniors>

I would also like to recognize Julie Maisel, Kittie Marrone, and Nancy Westbrook, who will be competing in the Sandy Springs Library Jigsaw Puzzle Race on April 21 at 6:00 PM. Best of luck to all of you, we will be cheering you on!

Tomorrow's outing to the Stage Door is completely full. If you are signed up, the bus will depart from the Depot at 1:45 PM. While on the topic of outings, I want to make everyone aware of an update moving forward. Sign-ups for outings that require ticket purchases will be posted at least one week in advance. Once you sign up, you will be charged for the ticket whether you attend or not.

ADMINISTRATION CORNER

This is because tickets must be purchased in advance and are non-refundable.

Dining Services

In today's Tower Talk, you will see the Kentucky Derby Party menu and information on the event. Reservations for this event will be taken beginning Monday, April 20 at 10:00 AM in the Front Lobby.

Please note that this event is dependent on participation in order to move forward. It has always been a great time, and we look forward to bringing it back this year after not having it last year.

Next week's Tower Talk will include details and the menu for our Mother's Day Brunch.

I would also like to remind everyone that items from the dining room are not to be removed. This includes napkins, salt and pepper shakers, plates, utensils, and any other dining items. These items are not for borrowing, and charges will apply if they are taken, even if they are later returned. We appreciate your cooperation with this.

Maintenance

We have received requests regarding the pool area. Please know that we are actively working toward getting the pool ready for the season. Residents are welcome to sit in the pool area; however, pressure washing, furniture set up, umbrellas, and final preparations will take place closer to the official opening.

A big thank you to the floors that have really stepped it up this week with recycling efforts—it has been noticed and is greatly appreciated. Please continue to help us improve in this area.

Lastly, I wanted to briefly share something on a personal note.

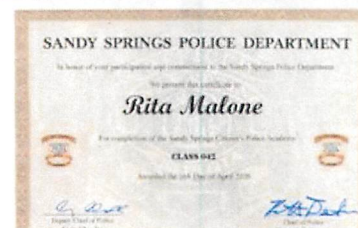
Over the past few months, I have had the opportunity to participate in the Sandy Springs Police Department Citizen Police Academy, attending weekly night classes, with graduation taking place this week.

This experience was incredibly eye-opening and something I truly enjoyed. While I have always had a great deal of respect for law enforcement, seeing things firsthand—from patrol operations and ride-alongs, to street crime units, SWAT, CSI, and even 911 dispatch—has given me an even deeper appreciation for the level of professionalism, training, and dedication involved.

Anyone who lives or works in Sandy Springs should be very proud of the law enforcement team we have serving this community. They are truly top-notch in everything they do. I've had a few people ask, so I have attached a couple of photos.

Thank you all, and I hope everyone has a wonderful weekend.

Rita Malone Executive Director



HAPPY BIRTHDAY

A shoutout of epic birthday proportions to DICK BUSH B413, CLIVE HOWE B11 and REATHER WEATHERS A301 on 4/18! And let's not forget CAROL HANNER B1006, who gets to party it up on 4/21!



April 22 at 1:30 PM
in the Sun Porch.

Lisa Bartlett, the mastermind behind Smith-Gilbert Gardens' award-winning butterfly exhibit and Georgia's pioneering crevice garden, is ready to sprinkle some gardening magic! Catch her sharing her green-thumb secrets and passion.

LIVE MUSIC

Wednesday, April 22
Sound Investment Acapella Group
Thursday, April 23
Robert Rice
Both Shows 7:00 PM
Sun Porch

HAPPY HOUR

FRIDAY, APRIL 24
2 PM
BACK LOBBY

BIBLE STUDY NEWS

The Bible Study on Saturdays (and repeated on Tuesdays) will start covering the New Testament on Saturday May 2nd.

Kentucky Derby Reservations



Monday, April 20
10 AM Front Lobby



Saturday,
April 25

10:15 AM
Back Lobby



Join the FREE Dunwoody Senior Expo on Thursday, May 21st, at Marcus JCC of Atlanta. Connect with local organizations for seniors, enjoy prize drawings, refreshments, and health screenings. Sign up on the activity wall if interested!

THE 152ND RUNNING OF THE KENTUCKY DERBY

SATURDAY, MAY 2ND
On the Sunporch

RESERVATIONS TAKEN
Monday, April 20th
@ 10:00 AM
IN THE FRONT LOBBY

Residents:
\$16.00
ALL INCLUSIVE

BUFFET @ 5:45 PM

HAPPY HOUR
OPENS @ 5:00 PM

Serving:

*Pimiento Cheese Dip
Assorted Crackers
& Deviled Eggs*

FULL BAR

ENTREES & SIDES

Mini Wedge Salad:

*Mini Iceberg Wedge, Blue Cheese, Bacon,
Onion, Tomato, Avocado*

Grilled Bourbon Glazed Shrimp Skewers

Spiral Cut Ham with Pepper Jelly

Corn Pudding

Hot Brown Mac N Cheese

Kentucky Blue Pole Beans

Stewed Okra & Tomato

DESSERT

*Bourbon Pecan Pie
with Boozy Whipped Cream*

A PRIZE FOR THE
MOST FASHIONABLE
KENTUCKY DERBY HAT!

BETTING POOL
(\$1 PER SQUARE)

THE KENTUCKY DERBY RACE BEGINS AT 6:57 PM

TOWERS TALK APRIL 17TH, 2026

Activities

SATURDAY 4/18/2026		
TIME	EVENT	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
12:00PM	HELP TECH W/YOUNG MEN'S LEAGUE	MAGNOLIA ROOM
2:30PM	STAGE DOOR: STEEL MAGNOLIAS PLAY	FRONT LOBBY
4:00PM	VIGIL MASS	HAMMOND HALL

SUNDAY 4/19/2026		
TIME	EVENT	LOCATION
2:30PM	CHRISTIAN FELLOWSHIP	MAGNOLIA ROOM

MONDAY 4/20/2026		
TIME	EVENT	LOCATION
10:00AM	KENTUCKY DERBY RESERVATIONS	FRONT DESK
10:00AM	CHAIR YOGA	HAMMOND HALL
10:30AM	SENSORY ACTIVITY: BINGO	PCC
2:30PM	BIBLE STUDY	MAGNOLIA ROOM
3:30PM	SING-ALONG	SUN PORCH
7:00PM	PHASE 10	GAME ROOM

TUESDAY 4/21/2026		
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
11:00AM	CHAIR PILATES	HAMMOND HALL
11:30AM	STANDING TAI CHI	SUN PORCH
1:00PM	MANIPULATION	AZALEA ROOM
1:30PM	RUMMIKUB	GAME ROOM
1:30PM	BIBLE STUDY MAKE-UP SESSION	MAGNOLIA ROOM
6:30PM	VESPERS	SUN PORCH

**PLEASE READ AND ABIDE BY THE RECYCLING
RULES!!!**

WEDNESDAY 4/22/2026		
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [DOLLAR BILLS OR QUARTERS ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
2:00PM	LISA BARLETT GARDENING CLASS	SUN PORCH
3:00PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
7:00PM	SOUND INVESTMENT ACAPELLA GROUP	SUN PORCH
7:00PM	CANASTA HAND & FOOT	GAME ROOM

THURSDAY 4/23/2026		
TIME	EVENT	LOCATION
9:30AM	GIBBS GARDEN W/LUNCH DOWNTOWN BALLGROUND TICKETS \$18.00	BUS DEPOT
10:00AM	CHAIR AEROBICS	HAMMOND HALL
1:30PM	TAI CHI W/ MARIE	HAMMOND HALL
7:00PM	MUSIC WITH ROBERT RICE	SUN PORCH

FRIDAY 4/24/2026		
TIME	EVENT	LOCATION
9:00AM	PUBLIX	BUS DEPOT
10:00AM	CARDIO	HAMMOND HALL
10:30AM	WALMART	BUS DEPOT
11:00AM	CHAIR PILATES	HAMMOND HALL
1:30PM	KROGER & DRY CLEANERS	BUS DEPOT
2:00PM	SPRING TIME HAPPY HOUR	BACK LOBBY
3:00PM	GOODWILL	BUS DEPOT

**PLEASE READ AND ABIDE BY THE RECYCLING
RULES!!!**



TABLE 300

FISH OF THE WEEK: HADDOCK LOIN BAKED OR FRIED
VEGETABLE OF THE WEEK: CREAMED CORN WITH PEPPERS
SOUP OF THE WEEK: PORTUGUESE FISH SOUP
SOUP OF THE DAY: M-CHICKEN & RICE T-TOMATO VEGETABLE
W-CHEF SPECIAL TH-LENTIL F-CHEF SPECIAL

Saturday, April 18

LUNCH

Korean BBQ Chicken Sandwich – Fire Braised Chicken in Korean BBQ Sauce topped with Sesame Slaw on a Toasted Bun w/one side

Sunday, April 19

LUNCH

Salmon Florentine, Sweet & Sour Meatballs, Baby Carrots in Herbed Butter, Yellow Rice with Peas, Waffle Bar, Omelets, Bacon/Sausage, Fruit and Pastries

TAKE OUT/DELIVERY

Fish or Meatballs with Carrots and Rice

Monday, April 20

LUNCH

Black Forest Ham Melt- Grilled Black Forest Ham with American and Swiss Cheese on Wheatberry Bread w/one side

DINNER

Flounder Francaise, Fried Chicken, Sauteed Green Beans with Onions, Ratatouille, Creamy Cauliflower, Roasted Marbled Potatoes

TAKE OUT/DELIVERY

Fish with Ratatouille and Potatoes OR Chicken with Green Beans and Potatoes

Call 404-255-7246 by 9 AM for

Lunch Delivery, 1:30 PM for Dinner

Delivery. Dining Room Closed 2-3 pm M-F

Call by 9AM for Brunch Delivery

Tuesday, April 21

LUNCH

Fried Shrimp Tacos – Two Soft Tacos filled with Popcorn Shrimp, Shredded Cabbage then topped with Mango Salsa and Chimichurri Sauce w/one side

DINNER

Balsamic Brown Sugar Pork Chops, Baked Swai in Lemon Butter Sauce, Roasted Carrots Cauliflower and Red Onions, Green Peas with Butter, Mashed Sweet Potatoes, Warm Buttermilk Biscuits

TAKE OUT/DELIVERY

Pork Chops with Mashed Sweet Potatoes and Green Peas OR Fish with Roasted Carrots and Peas

WEDNESDAY, APRIL 22

LUNCH

Honey Goat Cheese Flat Bread – Honey Goat Cheese, Arugula and Canadian Bacon on Toasted Flatbread with a Balsamic Drizzle

DINNER

Veal Piccata over Creamy Mashed Potatoes

Breakfast is Served from 8:00am-9:30pm

Lunch is Served from 11:30 m - 2:00pm,

Monday - Sunday Last seating at 1:15pm

Dinner is Served from 4:30pm - 7:00pm,

Monday - Friday Last seating at 6:15pm

Thursday, April 23

LUNCH

Mexican Salad – Grilled Chicken, Charred Corn, Tortilla Strips, Pumpkin Seeds, Tomato and Onion on a Bed of Romain with Chipotle Ranch Dressing w/one side

DINNER

Rib Platter – Slow Cooked Ribs with Fried Green Tomatoes and Macaroni and Cheese. No additional Sides

Friday, April 24

LUNCH

Fried Catfish, Lemon Pepper Chicken Wings, Broccoli Cheese Bake, Squash, Red Onion and Tomato, Potato Salad

TAKE OUT/DELIVERY

Catfish with Broccoli and Potato Salad OR Wings with Squash and Potato Salad

DINNER

Boursin Salmon – Baked Salmon in Boursin Sauce served over Cauliflower Ricew/one side