

# March\* 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>2:30PM: Christian Fellowship MR</b>	<b>2</b> <b>10AM: Chair Yoga SP</b> <b>10AM: St. Patrick's Day Dinner Reservations FL</b> <b>10:30AM: Sensory Activity PCC</b> <b>2:30PM: Bible Study MR</b> <b>7PM: Phase 10 GR</b>	<b>3</b> <b>10AM: Standing Aerobics HH</b> <b>11AM: Chair Pilates HH</b> <b>11:30AM: Standing Tai Chi SP</b> <b>1PM: Manipulation AZ</b> <b>1:30PM: Bible Study Make-Up Session MR</b> <b>1:30PM: Rummikub GR</b> <b>6:30PM: Vespers SP</b>	<b>4</b> <b>9AM: Trader Joes &amp; CVS Depot</b> <b>10AM: Chair Yoga HH</b> <b>10:45AM: Aldi Depot</b> <b>11AM: Episcopal Eucharist MR</b> <b>1:30PM: BINGO GR</b> <b>1:30PM: Kroger &amp; Banks Depot</b> <b>3PM: Publix Depot</b> <b>3:30PM: Magic with Paul Sponaugle SP</b> <b>7PM: Canasta Hand &amp; Foot GR</b>	<b>5</b> <b>9:45AM: Booth Western Museum w/lunch at Appalachia Grill \$14 BD</b> <b>10AM: Chair Aerobics HH</b> <b>1:30PM: Tai Chi HH</b> <b>3:30PM: Jazz By Two SP</b>	<b>6</b> <b>9AM: Publix Depot</b> <b>9:30AM: Podiatrist MR</b> <b>10AM: Cardio Exercise HH</b> <b>10:30AM: Walmart Depot</b> <b>11AM: Chair Pilates HH</b> <b>1:30PM: Kroger &amp; Dry Cleaners Depot</b> <b>2PM: Class Act Band SP</b> <b>3PM: Costco Depot</b>	<b>7</b> <b>10AM: Strength &amp; Balance HH</b> <b>12PM: Help Tech with Young Men's League MR</b> <b>1:30PM: Bible Study w/David Christian MR</b> <b>4PM: Vigil Mass SP</b>
<b>8</b> <b>2:30PM: Christian Fellowship MR</b>  <b>DAYLIGHT SAVINGS TIME - SPRING FORWARD</b>	<b>9</b> <b>10AM: Chair Yoga SP</b> <b>10:30AM: Sensory Activity PCC</b> <b>1:30PM: HRLS-Dignity Memorial. Pre-planning Do's &amp; Don'ts SP</b> <b>2:30PM: Bible Study MR</b> <b>7PM: Phase 10 GR</b>	<b>10</b> <b>10AM: Standing Aerobics HH</b> <b>11AM: Chair Pilates HH</b> <b>11:30AM: Standing Tai Chi SP</b> <b>1PM: Manipulation AZ</b> <b>1:30PM: Bible Study Make-Up Session MR</b> <b>1:30PM: Rummikub GR</b> <b>6:30PM: Vespers SP</b>	<b>11</b> <b>9AM: Trader Joes &amp; CVS Depot</b> <b>10AM: Chair Yoga HH</b> <b>10:45AM: Aldi Depot</b> <b>11AM: Episcopal Eucharist MR</b> <b>1:30PM: BINGO GR</b> <b>1:30PM: Kroger &amp; Banks Depot</b> <b>2:45PM: St. Jude 3<sup>rd</sup> Graders Activity SP</b> <b>3PM: Publix Depot</b> <b>7PM: Canasta Hand &amp; Foot GR</b>	<b>12</b> <b>10AM: Chair Aerobics HH</b> <b>1:30PM: Tai Chi HH</b> <b>4:30PM: St. Patrick's Day Dinner Party w/Retro Jazz Katz DR</b>	<b>13</b> <b>9AM: Publix Depot</b> <b>10AM: Cardio Exercise HH</b> <b>10:30AM: Walmart Depot</b> <b>11AM: Chair Pilates HH</b> <b>1:30PM: Kroger &amp; Dry Cleaners Depot</b> <b>2:30PM: Luck of the Irish Scavenger Hunt BL</b> <b>3PM: Target Depot</b>	<b>14</b> <b>10AM: Strength &amp; Balance HH</b> <b>12PM: Help Tech with Young Men's League MR</b> <b>1:30PM: Bible Study w/David Christian MR</b> <b>4PM: Vigil Mass SP</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> <b>2:30PM:</b> <b>Christian Fellowship MR</b>	<b>16</b> <b>10AM: Chair Yoga SP</b> <b>10:30AM: Sensory Activity PCC</b> <b>1:30PM: HRLS-Veronica Coley w/Fulton County Voter Registration SP</b> <b>2:30PM: Bible Study MR</b> <b>7PM: Phase 10 GR</b>	<b>17</b> <b>10AM: Standing Aerobics HH</b> <b>11AM: Chair Pilates HH</b> <b>11:30AM: Standing Tai Chi SP</b> <b>1PM: Manipulation AZ</b> <b>1:30PM: Rummikub GR</b> <b>1:30PM: Bible Study Make-Up Session MR</b> <b>3:30PM: Jim Jarrell and Mark Lamback Irish Concert SP</b> <b>6:30PM: Vespers SP</b>	<b>18</b> <b>9AM: Trader Joes &amp; CVS Depot</b> <b>10AM: Chair Yoga HH</b> <b>10:45AM: Aldi Depot</b> <b>11AM: Episcopal Eucharist MR</b> <b>1:30PM: BINGO GR</b> <b>1:30PM: Kroger &amp; Banks Depot</b> <b>2PM: Trivia SP</b> <b>3PM: Publix Depot</b> <b>5PM: New Resident Dinner DR</b> <b>7PM: Canasta Hand &amp; Foot GR</b>	<b>19</b> <b>9:30AM: Podiatrist MR</b> <b>10AM: World of Coca-Cola w/lunch at Atlanta Fish Market \$22 BD</b> <b>10AM: Chair Aerobics HH</b> <b>1:30PM: Tai Chi HH</b>	<b>20</b> <b>9AM: Publix Depot</b> <b>10AM: Cardio Exercise HH</b> <b>10:30AM: Walmart Depot</b> <b>11AM: Chair Pilates HH</b> <b>1:30PM: Kroger &amp; Dry Cleaners Depot</b> <b>2:30PM: Singo-Bingo w/Destination Theater SP</b> <b>3PM: Whole Foods/Dollar Tree Depot</b>	<b>21</b> <b>10AM: Strength &amp; Balance HH</b> <b>12PM: Help Tech and with Young Men's League MR</b> <b>1:30PM: Bible Study w/David Christian MR</b> <b>4PM: Vigil Mass SP</b>
<b>22</b> <b>2:30PM:</b> <b>Christian Fellowship MR</b>	<b>23</b> <b>10AM: Chair Yoga SP</b> <b>10:30AM: Sensory Activity PCC</b> <b>11:30AM: Community Paramedic Paul Long MR</b> <b>2:30PM: Bible Study MR</b> <b>3:30PM: Sing-Along SP</b> <b>7PM: Phase 10 GR</b>	<b>24</b> <b>9AM: Bake Sale BL</b> <b>10AM: Standing Aerobics HH</b> <b>11AM: Chair Pilates HH</b> <b>11:30AM: Standing Tai Chi SP</b> <b>1PM: Manipulation AZ</b> <b>1:30PM: Rummikub GR</b> <b>1:30PM: Bible Study Make-Up Session MR</b> <b>6:30PM: Vespers SP</b>	<b>25</b> <b>9AM: Trader Joes &amp; CVS Depot</b> <b>10AM: Chair Yoga HH</b> <b>10:45AM: Aldi Depot</b> <b>11AM: Episcopal Eucharist MR</b> <b>1:30PM: BINGO GR</b> <b>1:30PM: Kroger &amp; Banks Depot</b> <b>3PM: Publix Depot</b> <b>3PM: Board Meeting SP</b> <b>7PM: Canasta Hand &amp; Foot GR</b>	<b>26</b> <b>10AM: Chair Aerobics HH</b> <b>10AM: Jim Howe Bus Tour Atlanta Architecture w/lunch at Six Feet Under BD</b> <b>1:30PM: Tai Chi HH</b> <b>3:30PM: Bitsyland Band SP</b>	<b>27</b> <b>9AM: Publix Depot</b> <b>10AM: Cardio Exercise HH</b> <b>10:30AM: Walmart Depot</b> <b>11AM: Chair Pilates HH</b> <b>1:30PM: Kroger &amp; Dry Cleaners Depot</b> <b>2:30PM: Ligh Langley Trio SP</b> <b>3PM: Goodwill Depot</b>	<b>28</b> <b>10AM: Strength &amp; Balance HH</b> <b>10:15AM: Happy Tails BL</b> <b>12AM: Help Tech w/Young Men's League MR</b> <b>1:30PM: Bible Study w/David Christian MR</b> <b>4PM: Vigil Mass SP</b>
<b>29</b> <b>2:30PM:</b> <b>Christian Fellowship MR</b> <b>4PM: Book Club HH</b>	<b>30</b> <b>10AM: Chair Yoga SP</b> <b>10:30AM: Sensory Activity PCC</b> <b>2:30PM: Bible Study MR</b> <b>7PM: Phase 10 GR</b>	<b>31</b> <b>10AM: Standing Aerobics HH</b> <b>11AM: Chair Pilates HH</b> <b>11:30AM: Standing Tai Chi SP</b> <b>1PM: Manipulation AZ</b> <b>1:30PM: Rummikub GR</b> <b>1:30PM: Bible Study Make-Up Session MR</b> <b>6:30PM: Vespers SP</b>		<b>HAPPY BIRTHDAY</b> <b>LAIN PARROTT 3/4</b> <b>LEIGH JOSEY 3/7</b> <b>MARY HUGHES 3/8</b> <b>JIM STRONG 3/8</b> <b>MICHELE NICHOLL 3/10</b> <b>PATRICIA DAVIS 3/13</b> <b>PAM BICKEL 3/15</b>	<b>HAPPY BIRTHDAY</b> <b>YAOREN DAI 3/16</b> <b>GEORGE BRUMFIELD 3/17</b> <b>GENEVIEVE SHIVER 3/21</b> <b>SARAH SINK 3/21</b> <b>MICHAEL BOATWRIGHT 3/22</b> <b>JENNIFER ATCHISON 3/23</b> <b>NAN FRANZMAN 3/25</b>	<b>HAPPY BIRTHDAY</b> <b>MANJULA MASIH 3/29</b> <b>ROBERT THUSS 3/30</b> <b>DORIS WILLIAMS 3/31</b>