



TOWERS TALK

FEBRUARY 20 - FEBRUARY 27

ADMINISTRATION CORNER



Happy Sunny Friday everyone! ☀️

I hope everyone has had a great week and is enjoying these beautiful days.

Administration

Please don't forget to vote daily for us to be officially named the 2026 Best of Perimeter! Being nominated is already such an honor, and winning would be an incredible opportunity to showcase who we are to the broader community. Share the link with friends and family, every vote counts!

The City of Sandy Springs will be hosting a series of meetings next week to gather input for the 2026 Transportation Master Plan Update. This plan identifies transportation projects and strategies intended to improve safety and operations throughout Sandy Springs through the year 2050.

Meeting Schedule:

- Tuesday, February 24: 5:30 PM – 7:30 PM at North Fulton Government Service Center
- Wednesday, February 25: 11:00 AM – 12:30 PM and 5:30 PM – 7:30 PM at the Sandy Springs Performing Arts Center at City Hall
- Thursday, February 26: 5:30 PM – 7:30 PM at Church of the Redeemer

The City advised that these meetings are focused on long-term planning and potential projects. This would not be the appropriate forum to address immediate concerns such as our traffic light.

Regarding the current road project, the project manager advised me this week that paving is anticipated to begin in mid-March, with a project completion date scheduled for the end of May. Many have also asked about the wall being constructed in front of us. Johnson Ferry sits at a higher elevation than Mount Vernon, and the wall is required to bridge the grade difference and support the widened shoulder and side path. The wall is intentionally taller than the side path for safety to prevent both pedestrians and vehicles from going over the edge due to the steep change in height.

I also inquired about the green utility boxes at the end of the driveway. These are permanent Georgia Power installations required as part of transferring the power lines from aerial to underground. I do plan to draft another letter emphasizing the importance of reinstating our traffic light because of the difficulties seeing with the large green utility boxes.

ADMINISTRATION CORNER continued

Lastly, if you receive a comcast bill related to tech services, please bring it to me. There should not be charges unless you specifically request assistance beyond service issues.

Activities

The birthdays that are on the monthly calendar are generated from our door card system. If your birthday is not listed in the calendar, that is because when you filled in the door card form, you did not put your birthdate down. You may come to the front desk to fill this information in so it can be entered in the system.

Our next dinner party will be on March 12th as we celebrate St. Patrick's Day! Stay tuned for the announcement of when reservations will open.

Dining

For those who have been here for quite some time, you may remember our previous policy regarding entering the dining room during meal periods to sit with friends rather than to dine. The policy required residents to swipe in when entering the dining room, even if they did not initially plan to eat. The reason for this is operational. Once a resident is seated, the servers have no practical way of knowing who has swiped in and who has not. Often someone may come in just to sit and visit, but then decide to order a beverage, dessert, or even a meal. When that happens and the card is not swiped, there is no record of the charge, which creates tracking and billing issues.

For that reason, effective immediately, this rule will again be enforced. If you enter the dining room during mealtimes, you must swipe your door card, even if you believe you are only visiting and not eating. This allows the servers to accurately track meals and keep the process fair and consistent for everyone.

I have also been asked to begin sharing our Happy or Not results. These will always run about one month behind. For January, our happiness index was 88 out of 100 with 304 responses. Many of you mentioned in the High-Rise Living series that you would like written comment cards available as well, and I have reached out to the culinary team about ordering those.

Maintenance

We have a resident owner who has graciously donated the funds to renovate the B Center stairwell, the stairwell used to access the dog park. Work will begin on Thursday, February 26.

The project will include replacing the basement-level flooring with skid-resistant tiles, painting up to the first floor, and installing new base trim. The stairwell will remain accessible except during the tile installation, at which time we will need to use an alternative route to reach the dog park.

In closing, please remember to be mindful of the trash rooms and clean up after yourselves in the common areas.

Thank you all and have a wonderful weekend, and remember VOTE, VOTE, VOTE!

Rita Malone, Executive Director

HAPPY BIRTHDAY

Big birthday shout-out to the fabulous quartet: MARY LAURENCE A804 and TRICIA VAN SCIVER A812 celebrating on 2/21, PATRICIA KAPPAHN B910 partying on 2/22, and INA SLUTSKY B412 bringing the joy on 2/23!



Monday, February 23
7 pm
sun porch

SING-ALONG
WITH PAT, PAUL AND BILL

Saturday, February 28
10:15 AM
Back Lobby

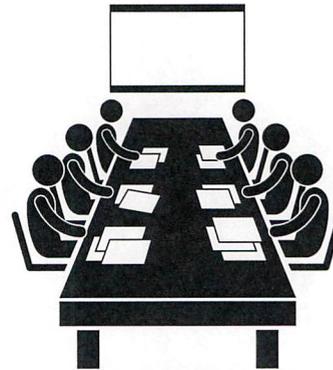


LIVE MUSIC

No Music this week.
All shows on the Sun Porch

HIGH RISE LIVING SERIES

The next High Rise Living Series will on March 9 at 1:30 PM on the Sun Porch

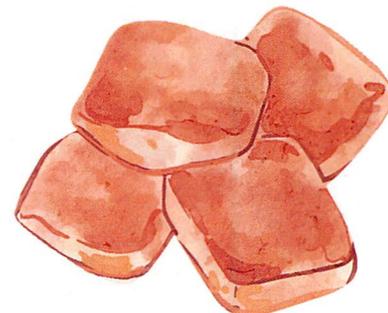


BOARD MEETING
WEDNESDAY,
FEBRUARY 25
3:00 PM
SUN PORCH



SUNDAY, FEBRUARY 22 AT 4 PM
HAMMOND HALL
ALL ARE WELCOME

BEIGNETS



FRIDAY, FEBRUARY 27
10 - 11 AM BACK LOBBY



TABLE 300

FISH OF THE WEEK: TROUT

VEGETABLE OF THE WEEK: BLACK EYED PEAS

SOUP OF THE WEEK: CORN CHOWDER

SOUP OF THE DAY: M-VEGETABLE T-CHEF SPECIAL W-CHEF SPECIAL

TH-BROCCOLI CHEESE F-POTATO

Saturday, February 21

LUNCH

Mushroom Swiss Sirloin Melt – Grilled sirloin Patty topped with Swiss and Mushroom Onions in a Red Wine Sauce on a Toasted Brioche Bun w/one side

Sunday, February 22

BRUNCH

Marry Me Turkey Meatballs in Sundried Tomato Sauce, Flounder Vera Cruz, Yogurt Bar, Grilled Vegetables, Brown Rice, Crispy Fried Breakfast Potatoes O'Brien, Omelets to Order, Bacon/Sausage, Grits, Danish/Fruit

TAKE OUT/DELIVERY

Meatballs or Flounder over Rice with Grilled Vegetables

Monday, February 23

LUNCH

Meat Lover Wrap – Salami, Pepperoni, Banana Peppers, Red Onions, Shredded Parmesan, Chopped Romaine and Balsamic Glaze in a Warm Flour Wrap w/one side

DINNER

Fried Chicken, Black Forest Ham with Redeye Gravy, Mashed Rutabaga, Squash Casserole, Sauteed Green Beans with Lemon Butter, Lima Beans

TAKE OUT/DELIVERY

Chicken or Ham with Mashed Rutabaga and Squash Casserole

Tuesday, February 24

LUNCH

Pesto Grilled Chicken Pizza – Grilled Pita Bread Topped with Pesto, Grilled Chicken, Ricotta, Fresh Mozzarella and Red Peppers w/one side

DINNER

Turkey Tater Tot Casserole, Beef Cacciatore, Herbed Buttered Noodles, Steamed Carrots, Glazed Brussels Sprouts, Cauliflower and Peas with Brown Butter, Parsley, Lemon

TAKE OUT/DELIVERY

Casserole with Carrots and Sprouts OR Beef with Noodles and Carrots

Wednesday, February 25

LUNCH

Shrimp BLT Sandwich – Shrimp Salad with Bacon, Lettuce and Tomato on a Toasted Croissant w/one side

DINNER

Pork Schnitzel with Braised Red Cabbage and Mashed Potatoes

Breakfast is Served from 8:00am-9:30pm

Lunch is Served from 11:30 m - 2:00pm,

Monday - Sunday Last seating at 1:15pm

Dinner is Served from 4:30pm - 7:00pm,

Monday - Friday Last seating at 6:15pm

Thursday, February 26

LUNCH

Roasted Vegetable Burrito – Roasted Broccoli, Mushrooms, Onions mixed with white beans and Jack Cheese. Served with a side of Chips & Salsa

DINNER

Asian BBQ Bowl – Korean BBQ Chicken over Sesame Noodles with Stir Fried Vegetables and a Vegetable Egg Roll

Friday, February 27

LUNCH

Mexican Beef Lasagna, White Chicken Chile, Grilled Vegetables and Beans, Green Chili and Cheddar Cornbread, Avocado Lime Slaw

TAKE OUT/DELIVERY

Lasagna or Chicken with Veggie/Bean Mix and Cornbread

DINNER

Brown Sugar Honey Ribs with Roasted Sweet Potatoes and Cinnamon Butter w/one side

Call 404-255-7246 by 9 AM for Lunch Delivery, 1:30 PM for Dinner

Delivery. Dining Room Closed 2-3 pm M-F.

Call by 9AM for Brunch Delivery

TOWERS TALK FEBRUARY 20, 2026

Activities

SATURDAY 2/21/2026		
TIME	EVENT	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
12:00PM	HELP TECH W/YOUNG MEN'S LEAGUE	MAGNOLIA ROOM
1:30PM	BIBLE STUDY W/ DAVID CHRISTIAN	MAGNOLIA ROOM
4:00PM	VIGIL MASS	SUN PORCH

SUNDAY 2/22/2026		
TIME	EVENT	LOCATION
2:30PM	CHRISTIAN FELLOWSHIP	MAGNOLIA ROOM

MONDAY 2/23/2026		
TIME	EVENT	LOCATION
10:00AM	CHAIR YOGA	SUN PORCH
10:30AM	SENSORY ACTIVITY: FLOOR TIC TAC TOE	PCC
11:30AM	COMMUNITY PARAMEDIC PAUL LONG	SUN PORCH
2:30PM	BIBLE STUDY	MAGNOLIA ROOM
7:00PM	SING-ALONG	SUN PORCH
7:00PM	PHASE 10	GAME ROOM

TUESDAY 2/24/2026		
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
11:00AM	CHAIR PILATES	HAMMOND HALL
11:30AM	STANDING TAI CHI	SUN PORCH
1:00PM	MANIPULATION	AZALEA ROOM
1:30PM	RUMMIKUB	GAME ROOM
1:30PM	BIBLE STUDY MAKE-UP SESSION	MAGNOLIA ROOM
6:30PM	VESPERS	SUN PORCH

WEDNESDAY 2/25/2026		
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [DOLLAR BILLS OR QUARTERS ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
3:00PM	BOARD MEETING	SUN PORCH
3:00PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
7:00PM	CANASTA HAND & FOOT	GAME ROOM

THURSDAY 2/26/2026		
TIME	EVENT	LOCATION
10:00AM	CHAIR AEROBICS	HAMMOND HALL
10:00AM	AFRICAN TEXTILE MUSEUM W/LUNCH AT SMOKEY BONES RESIDENTS \$25.00	BUS DEPOT
1:30PM	TAI CHI W/ MARIE	HAMMOND HALL

FRIDAY 2/27/2026		
TIME	EVENT	LOCATION
9:00AM	PUBLIX	BUS DEPOT
10:00AM	BEIGNETS AND COFFEE SOCIAL	BACK LOBBY
10:00AM	CARDIO	HAMMOND HALL
10:30AM	WALMART	BUS DEPOT
11:00AM	CHAIR PILATES	HAMMOND HALL
1:30PM	KROGER & DRY CLEANERS	BUS DEPOT
3:00PM	GOODWILL	BUS DEPOT

MVT Life Tip: Return carts to their natural habitat