

FEBRUARY **2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:30PM: Christian Fellowship MR	2 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 2:30PM: Bible Study MR 7PM: Phase 10 GR	3 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Bible Study Make-Up Session MR 1:30PM: Rummikub GR 6:30PM: Vespers SP	4 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Loose Shoes Band SP 7PM: Canasta Hand & Foot GR	5 10AM: Chair Aerobics HH 10:45: Sandy Springs Cinema & Tap House w/lunch at Hearth BD 1:30PM: Tai Chi HH 7PM: Love Classics with Sonya Shell SP	6 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Costco Depot	7 10AM: Strength & Balance HH 12PM: Help Tech with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
8 2:30PM: Christian Fellowship MR	9 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 1:30PM: Emory - Heart Health/Circulation SP 2:30PM: Bible Study MR 7PM: Phase 10 GR	10 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Bible Study Make-Up Session MR 1:30PM: Rummikub GR 2:30PM: Show n Tell HH 6:30PM: Vespers SP	11 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Magic w/William Packard SP 4:15PM: Big Door Vineyards BD 7PM: Canasta Hand & Foot GR	12 10AM: Jim Howe Bus Tour Atlanta Black History w/lunch at Mary Mac's Tea Room \$15 per person BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH	13 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Target Depot	14 <i>Valentine day</i> 10AM: Strength & Balance HH 12PM: Help Tech with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 2PM: Music with Robert Rice SP 4PM: Vigil Mass SP

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 2:30PM: Christian Fellowship MR	16 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 1:30PM: Resident Survey Responses - Nancy Rogers SP 2:30PM: Bible Study MR 7PM: Phase 10 GR	17 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Rummikub GR 1:30PM: Bible Study Make-Up Session MR 3:30PM: Mardi Gras Concert w/Dixie Land Band SP 6:30PM: Vespers SP	18 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 4:30PM: New Resident Dinner DR 7PM: Canasta Hand & Foot GR	19 9:30AM: Podiatrist MR 9:45AM: National Center for Civil Rights w/lunch at Lousiana Bistreaux BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 3:30PM: Gray Matters Band SP	20 9AM: Publix Depot 10AM: Cardio Exercise HH 10AM: Stop n Shop w/Cheryl Sikes BL 10AM: Muffin & Coffee Social BL 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 2PM: Craig Gleason SP 3PM: Whole Foods/Dollar Tree Depot	21 10AM: Strength & Balance HH 12PM: Help Tech and with Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
22 2:30PM: Christian Fellowship MR 4PM: Book Club HH	23 10AM: Chair Yoga HH 10:30AM: Sensory Activity PCC 11:30AM: Community Paramedic Paul Long MR 2:30PM: Bible Study MR 7PM: Sing-Along SP 7PM: Phase 10 GR	24 10AM: Standing Aerobics HH 11AM: Chair Pilates HH 11:30AM: Standing Tai Chi SP 1PM: Manipulation AZ 1:30PM: Rummikub GR 1:30PM: Bible Study Make-Up Session MR 6:30PM: Vespers SP	25 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3PM: Board Meeting SP 7PM: Canasta Hand & Foot GR	26 9:30AM: Podiatrist MR 10AM: Chair Aerobics HH 10AM: African Textile Museum w/lunch at Smokey Bones \$25 per person BD 1:30PM: Tai Chi HH	27 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 11AM: Chair Pilates HH 1:30PM: Kroger & Dry Cleaners Depot 3PM: Goodwill Depot	28 10AM: Strength & Balance HH 10:15AM: Happy Tails BL 12AM: Help Tech w/Young Men's League MR 1:30PM: Bible Study w/David Christian MR 4PM: Vigil Mass SP
		HAPPY BIRTHDAY BARBARA OLSON B1015 2/3 JEAN BLISS A414 2/6 NANCY KRINCEK A609 2/6 SARAH LEE FLINT B406 2/8 JILL CATULLO A510 2/8 CAROLYN YOST A613 2/9 MARY STATEN A813 2/9		HAPPY BIRTHDAY MARILYN KODESH B211 2/11 ROSALYN GOLDBERG B503 2/15 MARY LAURENCE A804 2/21 TRICIA VAN SCIVER A812 2/21 PATRICIA KAPPAHN B910 2/22 INA SLUTSKY B412 2/23		