

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! LORRAINE HORNER B709 7/4 NANCY DROEGE B206 7/5 ANN MCCALLUM B515 7/7 KATHRYN BREY B301 7/7 SANDRA PFOHL A1008 7/8 ETHEL PORTER B306 7/8	Happy Birthday! JIM RUSS B914 7/8 DENISE JORDAN A209 7/10 CELIA PARKS A515 7/11 SALLY WILLIAMS B814 7/12 SHARRON FOWLER B913 7/13 BOBBIE WRIGHT A408 7/14 BARBARA TIMMERMAN A204 7/15 ROWENA STILLWAGON A212 7/15 LYNNE WIKLE A712 7/16 KAREN BEDELL B701 7/21	1 10AM: Standing Aerobics HH 10:30AM: Trivia (everyone welcome) PCC 11:30AM: Standing Tai Chi HH 1PM: Manipulation AZ 1:30PM: Rummikub GR 2PM: Craft Corner Floors 1, 2 and 3 SP 6:30PM: Vespers SP	2 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Music to My Ears SP 7PM: Canasta Hand & Foot GR	3 10:00AM: Wren's Nest Guided Tour w/lunch at Paschal's Restaurant & Bar (Residents \$12.00) BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 3:30PM: 4th of July Celebration with Retro Jazz Katz SP	 4 NO BUS SERVICE OR ACTIVITIES Dining Room Hours 11:30AM-2PM. Last Seating at 1:15PM	5 10AM: Strength & Balance HH 1:30PM: Bible Study (The Chosen Season 5) MR 4PM: Vigil Mass HH
6 2:30PM: Christian Fellowship MR	7 10AM: Chair Yoga HH 10:30AM: BINGO PCC 11AM: Dance Class HH 1:30PM: HRLS -No Program SP 2:30PM: Bible Study MR 7PM: Phase 10 GR	8 10AM: Standing Aerobics HH 11:30AM: Standing Tai Chi HH 1PM: Manipulation AZ 1:30PM: Rummikub GR 2PM: Craft Corner Floors 4, 5 and 6 SP 6:30PM: Vespers SP	9 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 11AM: Deb the Jeweler BL 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 3:30PM: Rythm & Rouge SP 7PM: Canasta Hand & Foot GR	10 9:30AM: Podiatrist MR 10AM: Fernbank Museum w/lunch at Murphy's (Residents \$24.95) BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 7PM: Brass Quintet SP	11 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Nat'l Blueberry Muffin Day Social BL 10:30AM: Walmart Depot 1:30PM: Kroger & Dry Cleaners Depot 3PM: Target Depot	12 10AM: Strength & Balance HH 12PM: Young Men's League Help Tech MR 1:30PM: Bible Study (The Chosen Season 5) MR 2PM: Ollie Boy the Violinist SP 4PM: Vigil Mass HH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 2:30PM: Christian Fellowship MR	14 10AM: Chair Yoga HH 10:30AM: BINGO PCC 11AM: Dance Class HH 1:30PM: HRLS - Tech Talk with Dave SP 2:30PM: Bible Study 7PM: Phase 10 GR 7PM: Sing-Along SP	15 10AM: Bake Sale BL 10AM: Standing Aerobics HH 11:30AM: Standing Tai Chi HH 1PM: Manipulation AZ 1:30PM: Rummikub GR 2PM: Craft Corner Floors 7, 8, 9 and 10 SP 6:30PM: Vespers SP	16 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 5PM: New Resident Dinner DR 7PM: Canasta Hand & Foot GR	17 9:30AM: Tour Of Helen, GA Jim Howe - 2 hours and 30 minutes to explore. (Residents \$15.00) BD 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 3:30PM: Jazz By Two SP	18 Nat'l Sour Candy Day ALL DAY 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 1:30PM: Kroger & Dry Cleaners Depot 2PM: Music BINGO SP 3PM: Goodwill Depot	19 10AM: Strength & Balance HH 1:30PM: Bible Study (The Chosen Season 5) MR 4PM: Vigil Mass SP
20 2:30PM: Christian Fellowship MR	21 10AM: Chair Yoga HH 10:30AM: BINGO PCC 11AM: Dance Class HH 1:30PM: HRLS - Heat and Hydration. Paul Long w/Sandy Springs Community Paramedic SP 2:30PM: Bible Study MR 7PM: Phase 10 GR	22 10AM: Standing Aerobics HH 10:30AM: Rummikub PCC 11:30AM: Standing Tai Chi HH 1PM: Manipulation AZ 1:30PM: Rummikub GR 6:30PM: Vespers SP	23 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: Publix Depot 7PM: Elderly Brothers SP 7PM: Canasta Hand & Foot GR	24 10AM: Chair Aerobics HH 1:30PM: Tai Chi HH 6:30PM: Rita's Pool Party w/drinks and small bites Pool	25 9AM: Publix Depot 10AM: Cardio Exercise HH 10:30AM: Walmart Depot 1:30PM: Kroger/Dry Cleaners BD 2PM: Nat'l Wine & Cheese Social with Laigh Langley BL 3PM: Whole Foods/Dollar Tree Depot	26 10AM: Strength & Balance HH 10:15AM: Happy Tails BL 12PM: Young Men's League Help Tech MR 1:30PM: Bible Study (The Chosen Season 5) MR 4PM: Vigil Mass SP
27 2:30PM: Christian Fellowship MR 4PM: Book Club HH	28 10AM: Chair Yoga HH 11AM: Dance Class HH 1:30PM: HRLS - Emory Healthcare Vision SP 2:30PM: Bible Study MR 7PM: Phase 10 GR	29 10AM: Standing Aerobics HH 10:30AM: Rummikub PCC 11:30AM: Standing Tai Chi HH 1PM: Manipulation AZ 1:30PM: Rummikub GR 6:30PM: Vespers SP	30 9AM: Trader Joes & CVS Depot 10AM: Chair Yoga HH 10:45AM: Aldi Depot 11AM: Episcopal Eucharist MR 1:30PM: BINGO GR 1:30PM: Kroger & Banks Depot 3PM: BOARD MEETING SP 3PM: Publix Depot 7PM: Canasta Hand & Foot GR	31 10AM: Chair Aerobics HH 11AM: Avalon Shopping w/lunch at Resident's Choice BD 1:30PM: Tai Chi HH 3:30PM: Music with Beth Moore SP	Happy Birthday! NANCY BERNSTEIN B1007 7/23 DAISY HENDON B311 7/23 LINDA RAKOWSKI B702 7/23 MARY LOU STRONG A615 7/23 TRACY MARCANO A403 7/24 ELLYN MUSSER A815 7/25 JEANNETTE AUSTIN A1014 7/28	Happy Birthday! SHERRY DOCKRELL B202 7/28 ALAN BURGESS A1003 7/30 SYBIL BURGETT A311 7/30 ROBERT CALDER B506 7/31 DOLORES WATERS A709 7/31 EVA WILSON B704 7/31