

## ADMINISTRATION CORNER



Happy Friday! I hope everyone has had a great week, and happy chocolate covered cherry day!

I just have a few updates for today's Tower Talk.

### **Administration**

I am pleased to inform you that the measures we have taken the past two weeks, including refraining from gathering, have successfully mitigated further spreading of Covid. I sincerely appreciate everyone who has taken these measures seriously and contributed to our ability to move forward. As a result, we will be resuming regular activities on Monday. However, if you are feeling unwell or have been exposed to illness, I urge you to prioritize your health and the well-being of others by refraining from participating in any activities until you have fully recovered or completed the necessary quarantine period.

I would also like to address a misconception that has arisen recently: it is not the case that only the front desk can call 911 in an emergency. Should you find yourself in a situation where a neighbor, friend, or spouse requires assistance, it is advisable for you to call 911 directly.

This allows you to provide immediate information regarding the situation, facilitating a quicker response.

In my weekly updates, I strive to address any concerns that I observe or hear about; however, it can be difficult to capture the diverse thoughts of the entire community. To improve communication even further this year, I would like to introduce a new initiative. I invite you to submit any questions, comments, or concerns that you believe would be beneficial for the community. Please send your submissions to me via email by Wednesday of each week. I assure you that your submissions will remain anonymous when included in my updates. I will do my best to respond to a selection of inquiries each week, depending on the number of submissions received.

### **Dining Room**

I would like to commend our culinary team for the exceptional New Year's Day Brunch! I received many outstanding comments. In December, we received a total of 588 comments through cards and the kiosk, with a satisfaction rate of 88%. While we strive for even greater success in the future, this progress is encouraging as we move forward in 2025.

## ADMINISTRATION CORNER cont.

### Maintenance

As previously noted, we are making significant progress with the repairs to the parking deck and are in the process of addressing the five faulty cables. Walker Consultants, our engineering firm, will be on-site at the beginning of next week to evaluate the stress of the first two cables. I am pleased with the advancements being made on this project.

When I relocated to Georgia, I never anticipated that I would need to monitor the weather for icy and snowy conditions, but I was certainly mistaken. I am sure you have seen the forecast; however, I want to reassure you that I am closely monitoring the weather reports that indicate a shift in weather patterns for the upcoming week, particularly toward the end of the week. We will maintain oversight of the situation and are prepared to take necessary actions in response to inclement weather, if needed. I hope you have a great weekend, and as always, please feel free to reach out to me if needed.

Food for thought; If you had a time capsule, what is the one thing you would bring back to 2025?

**Rita Malone**

**Executive Director**

**423-470-3745**

**rita@mountvernantowers.com**

## From the Mount Vernon Towers Board of Directors

As we embark on a new year, the board members would like to introduce themselves and outline their plans for 2025.



### Scott Goins, Chairman

I consider it an honor to serve on the Board of Directors of Mount Vernon Towers for 2025. As a part year member in 2024, I found

the board to be supportive and eager to work together with only one thing in mind, to do what is best for the Association.

The task of being selected as Chairman of the board is both daunting and rewarding. I take great pride in this service and will put all my energy into efficiently leading the HOA into 2025. As the first resident Chairman in many years, I encourage open dialogue and feedback from the community, as I am committed to fostering strong communications with all residents of the Towers.

I would like to thank the homeowners for supporting the two amendments passed in 2024. I consider these amendments the most important items ever passed for the future of the Association.

As 2025 approaches, the boards goals are the major projects ahead. Parking deck completion, installation of anchors, and starting the chase projects are upmost important to the board this year. How much will they cost? How will we pay for these projects? Both these questions are on my mind as we begin 2025.

## From the Mount Vernon Towers Board of Directors



**Nancy Rogers, Secretary**  
*Social Initiatives:* Plans are underway to continue promoting travel opportunities and high-rise living.

Additionally, efforts will be made to establish a gardening program, incorporate two or three trivia events, and review the functions of the welcome committee.

*Communications:* Currently working on developing a new annual survey.



**Tricia Morris, Treasurer**  
This year, my focus is on revitalizing our website and Facebook page, ensuring Towers Talk stays as refreshing as your

morning coffee! I'll be capturing snapshots of our social events and making sure MVT sparkles to be THE best 55+ community in Sandy Springs. Additionally, I'll weave in my marketing expertise to bring it all to life!



Diana Daniels, a non-resident owner of multiple units, aims to clarify the Mount Vernon Towers Real Estate Policy and Procedures.

With 25 years of experience in investment properties, she offers a unique perspective. Revisions initiated by the Board in 2024 need further work, particularly regarding the Rental Cap's impact on future sales. She also plans to address security concerns raised by residents. Following recent policy changes, including the No Smoking and Rental Unit Cap, Daniels looks forward to tackling various issues in 2025 and developing a plan by 2026 to promote MVT's offerings to the surrounding communities.

## HAPPY BIRTHDAY

Hip hip hooray to CLAIRE ROPER in B302 celebrating on 1/1! And let's not forget SCOTT GOINS in B1001 and YULUNTE STEVENSON in B401 who are blowing out candles on 1/4! Plus, a big shoutout to DAVID WURTENBERG in B305 and CIS IMBORNONE in A403 partying it up on 1/5! Let the birthday shenanigans begin!

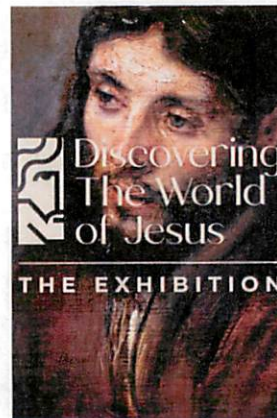
## PCC Social Events

Our pals at PCC are cooking up some exciting events, and guess what? Everyone's invited to jump into the fun! 🎉



January 7  
10:30 AM

Coffee & Muffins Social  
January 10  
10:00 AM



Relive the moments that shaped history now with hundreds of priceless artifacts from the Holy Land, used by those who walked alongside Jesus and witnessed His miracles. Don't miss this once-in-a-lifetime opportunity!

\$22 per person with lunch at Olive Garden  
Thursday, January 16

# TOWERS TALK JANUARY 3, 2025



TIME	SUNDAY 1/5/2025	LOCATION
2:00PM	CHRISTIAN FELLOWSHIP	MAGNOLIA ROOM

TIME	MONDAY 1/6/2025	LOCATION
10:00AM	CHAIR YOGA	HAMMOND HALL
10:30AM	BINGO	PCC
2:00PM	BIBLE STUDY	MAGNOLIA ROOM
7:00PM	PHASE 10	GAME ROOM

TUESDAY 1/7/2025		
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
10:30AM	TRIVIA GAME [ ALL ARE WELCOME]	PCC
11:30AM	STANDING TAI CHI WITH MARIE	HAMMOND HALL
1:00PM	MANIPULATION	MAGNOLIA ROOM
1:30PM	RUMMIKUB	GAME ROOM
6:30PM	VESPERS	SUN PORCH

WEDNESDAY 1/8/2025		
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [DOLLAR BILLS OR QUARTERS ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
3:00PM	PUBLIX (4:00 PM RETURN PICK UP TIME)	DEPOT
3:30PM	MUSIC TO MY EARS	SUN PORCH
7:00PM	CANASTA HAND & FOOT	GAME ROOM

THURSDAY 1/9/2025		
TIME	EVENT	LOCATION
10:00AM	CHAIR AEROBICS	HAMMOND HALL
10:00AM	JIM HOWE BUS TOUR OF NEWNAN,GA W/LUNCH AT SPRAYBERRYS BBQ RESIDENTS [ \$17.00]	BUS DEPOT
1:30PM	TAI CHI W/MARIE	HAMMOND HALL
7:00PM	DOMINOES	GAME ROOM

FRIDAY 1/10/2025		
TIME	EVENT	LOCATION
9:00AM	PUBLIX	DEPOT
10:00AM	COFFEE & MUFFIN SOCIAL	PCC
10:00AM	CARDIO	HAMMOND HALL
10:30AM	WALMART	DEPOT
1:00PM	MANIPULATION	MAGNOLIA ROOM
1:30PM	KROGER & DRY CLEANERS	DEPOT
2:00PM	COMEDIAN MAGIC MAN BILL PACKARD	SUN PORCH
3:00PM	TARGET	DEPOT

### JOKES BY RITA:

**So this elderly man is telling his neighbor over the fence about his new hearing aid. It cost him \$4,000, but it's the state of the art kind, and he can hear perfectly. "Really?" the neighbor asks, "so what kind is it?"**

**Oh, it's about twelve thirty!**



# TABLE 300

**FISH OF THE WEEK: TROUT**

**VEGGIE OF THE WEEK: BRAISED AUBERGINE**

**SOUP OF THE WEEK: GARDEN VEGETABLE**

**SOUP OF THE DAY - M- HAM AND BLACK BEAN SOUP T- LENTIL SOUP W- KALE AND SAUSAGE SOUP TH-CHICKEN TORTELLINI SOUP F- GUMBO SA- CHEF'S CHOICE**

**Saturday, January 4**

**LUNCH**

Bang Bang Shrimp, Sesame Green Beans with Steamed Jasmine Rice

**Sunday, January 5**

**BRUNCH**

**Shrimp Cocktail Station**

**Hot Line:** Croque Madame, Root Vegetable Hash, Herb Butter Chicken w/ Cherry Tomato, Garlic and Lemon Broccolini, Blueberry Loaf, Scrambled Eggs, Bacon, Sausage, Buttered Grits

**DELIVERY**

Croque Madame, Root Vegetable Hash, Herb Butter Chicken w/ Cherry Tomato, Garlic and Lemon Broccolini

Call 404-255-7246 by 9 AM for Lunch Delivery,  
1:30 PM for Dinner Delivery.  
Dining Room Closed 2-3 pm M-F.  
Call by 9AM for Brunch Delivery

**Monday, January 6**

**LUNCH**

Chipped Ham Sliders with House Made Chips

**DINNER**

Beef Stroganoff, Egg Noodles and two sides

**Tuesday, January 7**

**LUNCH**

Italian Egg Basket, Puff Pastry, Fresh Mozzarella, Pesto, Crispy Prosciutto with Salad and Fruit

**DINNER**

Pork Chop Cacciatore, Whole Grain Rice, Southern Style Green Beans Salmon Croquette, Remoulade, Glazed Carrots, Corn Souffle

**Wednesday, January 8**

**LUNCH**

Chicken Caesar Wrap with one side

**DINNER**

Fried Chicken, Smashed Sweet Potato, Peas and Mushrooms Kielbasa with Sauerkraut, Braised Red Cabbage and Apples, Toasted Spaetzle

**Thursday, January 9**

**LUNCH**

Fried Fish Sandwich w/one side

**DINNER**

Stuffed Shells in Slow Cooked Tomato Ragu, House Made Garden Focaccia, and two sides

**Friday, January 10**

**LUNCH**

**BUILD YOUR OWN SALAD BAR**

Coney Island Dog Bar/ Tempura Green Beans, Chili Cheese Fries, Festival of Toppings

**DINNER**

Monterrey Chicken, Roasted Potatoes and two sides

Lunch is Served from 11:30 am - 2:00 pm,  
Monday - Sunday Last seating at 1:15 pm  
Dinner is Served from 4:30 pm - 7:00 pm,  
Monday - Friday Last seating at 6:15 pm