

JOWERS JALK JANUARY 17-24

ADMINISTRATION CORNER



I hope this message finds you well. I would like to provide you with important updates regarding various matters within our community.

Administration:

As many of you may have

noticed, we are expecting extremely cold temperatures beginning Sunday night, with highs not exceeding freezing until Thursday. While the potential threat of snow seems to have passed, I will continue to monitor the situation and provide updates as necessary.

Today, the city will be installing a sign that reads "DO NOT BLOCK INTERSECTION" near our location to assist motorists in identifying they are approaching a driveway. These signs will be placed on both the eastbound and westbound approaches.

In the basement, the game room is utilized for various activities throughout the week. Unfortunately, the chairs in that area have experienced wear and tear, with some of the bottoms detaching. I have ordered replacements, which are expected to arrive by Monday.

Several residents have inquired about the possibility of contributing to the red box (employee fund) on a monthly basis rather than as a one-time donation at the end of the year. This option is indeed available. If you choose to pay by check or online, please specify that your contribution is for the red box fund.

Activities:

I would like to take a moment to recognize a dedicated volunteer, Stephanie, who has been playing the piano in the dining room during some of the dinner services since last year. Her commitment to providing delightful music has greatly enhanced our dining experience. If you see her, please extend your gratitude for her contributions.

Maintenance:

Great news, the single A elevator has been successfully repaired and is now operational. Additionally, the single B elevator passed its fire alarm inspection this week, and the issue with the emergency phone line in the elevator has been resolved. We are currently awaiting an inspection from the City of Sandy Springs, after which we can proceed with the interior remodel of the elevator.

ADMINISTRATION CORNER cont.

The remodeling company has indicated a start date of February 1st. We are inquiring about the possibility of completing this work sooner and whether we can use the elevator after the inspection until the remodeling begins. I will keep you updated as I receive more information.

There have been several questions regarding routine elevator maintenance, especially in light of recent issues. We have a company that conducts monthly maintenance on all elevators. The last two incidents involving the single A elevator and the freight side of the double elevator were caused by extreme power fluctuations in the area, which are beyond our control. In response to the lengthy wait times for replacement parts, we are compiling a list of frequently used components to ensure we have at least one replacements on hand to expedite repairs.

The parking deck project is progressing well. Contractors have completed step #1 of phase #1, with the exception of load testing. They are nearing completion of the exploratory work for the next step and have identified as many as five broken cables, consistent with the findings from the first step. We will receive further details following the engineering firm's evaluation later today.

Some residents have inquired about the purpose of the beams and scaffolding currently in place. These are being used for temporary shoring during the load test to support the deck and monitor deflection from the weight of the bins located on the top of the parking deck.

ADMINISTRATION CORNER cont.

When requesting work orders, please call the front desk and provide as much detail as possible. For instance, if you need a work order for your toilet, specify the issue—whether it is clogged, not flushing, etc. For laundry room appliances, indicate which one and describe the problem, including the cycle if known. This information helps maintenance address issues more efficiently.

We have been awaiting the arrival of our new booster pump for the boiler room, which was ordered last year. This pump is crucial for maintaining consistent water pressure across all floors, particularly for hot water delivery to the upper levels. The pump is scheduled to arrive on Wednesday, January 22nd, and installation will occur between 6 AM and 2 PM. Please note that there will be no water in the condos during this time; however, the dining room service will continue as usual. I will send out a reminder the day before and make announcements as necessary.

For those who enjoy football as I do, this weekend promises exciting NFL matchups, followed by the CFP National Championship game on Monday evening. We will be screening the game between Ohio State and Notre Dame in the Sunporch for residents who wish to watch on a larger screen. Please note that there will not be staff managing this event, nor will refreshments and beverages be provided.

As always, please feel free to reach out with any questions or concerns.

Rita Malone
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Happy Birthday to the dynamic duo: ROBERT ADAMS A505, celebrating on 1/20, and JEFF YOUNG A401, blowing out the candles on 1/23! Let the party begin!

PCC Rummikub BRINGS PEOPLE TOGETHER

Dust off your tile-laying skills and join them for a Rummikub in PCC! Whether you're a seasoned pro at creating the perfect runs and sets or just here to laugh and shuffle tiles with good company, they'd love to have you!

📅 When: Jan 21 at 10:30 AM

Where: PCC

Why: Because fun is better with friends!

Live Music



Loose Shoes Band Wednesday, Jan 22 3:30 PM on the Sun Porch



Podiatrist alert! They're strutting into the Magnolia Room on January 23 at 9:30 AM.

Appointment only!

Show & Tell

January 21 at 2:30 pm in Hammond Hall Mary Lou Strong will share her experiences as President of Self Incorporated which produced slides for corporate trainers worldwide.

HIGH

HIGH MUSEUM OF ART ATLANTA

EXPLORE GEORGIA O'KEEFFE'S
"MY NEW YORKS" ALONGSIDE THE
ARRAY OF REMARKABLE EXHIBITS.

JAN 23 / 10 AM
BUS DEPOT
LUNCH AT HUDSON GRILL
SIGN UP ON ACTIVITY WALL

Happy Hour with Rita

Music by Robert Rice

January 24

2 PM / Sun Porch

TOWERS TALK JANUARY 17, 2025



	SATURDAY 1/18/2025	2 -
TIME	EVENT	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
12:00PM	HELP TECH W/ YOUNG MEN'S LEAGUE	MAGNOLIA ROOM
1:30PM	BIBLE STUDY:	MAGNOLIA ROOM
4:00PM	VIGIL MASS	HAMMOND HALL
TIME	SUNDAY 1/19/2025	LOCATION
2:00PM	CHRISTIAN FELLOWSHIP	MAGNOLIA ROOM
TIME	MONDAY 1/20/2025	LOCATION
10:00AM	CHAIR YOGA	HAMMOND HALL
10:30AM	CHURCH OF WIEUCA CHILDREN'S CHOIR	SUN PORCH
10:30AM	BINGO	PCC
2:00PM	BIBLE STUDY	MAGNOLIA ROOM
7:00PM	PHASE 10	GAME ROOM
	TUESDAY 1/21/2025	
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
10:30AM	RUMMIKUB [ALL ARE WELCOME]	PCC
11:30AM	STANDING TAI CHI WITH MARIE	HAMMOND HALL
1:00PM	MANIPULATION	MAGNOLIA ROOM
1:30PM	RUMMIKUB	GAME ROOM
2:30PM	SHOW & TELL	HAMMOND HALL
6:30PM	VESPERS	SUN PORCH

I told my physical therapist I broke my arm in two places.

He told me to stop going to those places.

	WEDNESDAY 1/22/2025	
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [DOLLAR BILLS OR QUARTERS ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
3:00PM	PUBLIX (4:00 PM RETURN PICK UP TIME)	DEPOT
3:30PM	LOOSE SHOES BAND	SUN PORCH
7:00PM	CANASTA HAND & FOOT	GAME ROOM

	THURSDAY 1/23/2025	
TIME	EVENT	LOCATION
10:00AM	CHAIR AEROBICS	HAMMOND HALL
10:00AM	HIGH MUSEUM EXHIBIT: EXPLORE GEORGIA O'KEEFE'S ,"MY NEW YORKS" ALONGSIDE THE ARRAY OF REMARKABLE EXHIBITS W/LUNCH AT HUDSON GRILL [RESIDENTS \$23.50]	BUS DEPOT
1:30PM	TAI CHI W/MARIE	HAMMOND HALL
7:00PM	DOMINOES	GAME ROOM

	FRIDAY 1/24/2025	
TIME	EVENT	LOCATION
9:00AM	PUBLIX	DEPOT
10:00AM	CARDIO	HAMMOND HALL
10:30AM	WALMART	DEPOT
1:00PM	MANIPULATION	MAGNOLIA ROOM
1:30PM	KROGER & DRY CLEANERS	DEPOT
2:00PM	HAPPY HOUR W/RITA MUSIC BY ROBERT RICE [ALL ARE WELCOME]	SUN PORCH
3:00PM	FIVE BELOW	DEPOT



TABLE300

FISH OF THE WEEK: COD

VEGGIE OF THE WEEK: SUCCOTASH

SOUP OF THE WEEK: SAUSAGE AND WHITE BEAN

SOUP OF THE DAY - M- CHICKEN NOODLE T- BROCCOLI AND CHEESE SOUP

W- FROG HAM SOUP TH- CHICKEN TORTILLA F- GUMBO

SA- CHEFS CHOICE

Saturday, January 18

LUNCH

Bang Bang Shrimp, Sesame Green Beans, Steamed Jasmine Rice

Sunday, January 19

BRUNCH

Hot Line: Ham, Feta, and Tomato Quiche,
Potatoes O' Brien, Stuffed Pork Loin, Garlic
and Lemon Chicken, Mini Dutch Babies w/
Powdered Sugar and Fruit, Scrambled Eggs,
Bacon, Sausage, Buttered Grits

DELIVERY

Ham, Feta, and Tomato Quiche, Potatoes O' Brien, Stuffed Pork Loin, Garlic and Lemon Chicken, Mini Dutch Babies w/Powdered Sugar and Fruit

Call 404-255-7246 by 9 AM for Lunch Delivery, 1:30 PM for Dinner Delivery. Dining Room Closed 2-3 pm M-F. Call by 9AM for Brunch Delivery

Monday, January 20

LUNCH

Cowboy Sliders, BBQ Sauce, Fried Onion Straws, Cheese and House Made Chips

DINNER

Grilled Marinated Flank Steak and Frites w/one side

Tuesday, January 21

LUNCH

Fish Tacos w/one side

DINNER

Roasted Turkey Breast, Cornbread Stuffing, Stewed Lima Beans Carved Garlic Ham, Glazed Carrots, Creamed Corn, Mashed Potatoes

Wednesday, January 22

LUNCH

Fiesta Bowl...Rice, Black Beans, Seasoned Beef, Tomato, Shredded Lettuce, Cheddar, Salsa, Sour Cream

DINNER

Chicken Parmesan, Red Sauce, Fettucini, Italian Oven Roasted Vegetables, Fried Chicken, Tuscan Potatoes

Thursday, January 23

LUNCH

"Tik Tok Style" Italian Grinder

DINNER

Roasted Chicken w/Cream Sauce, Broccolini, Sweet Potato

Friday, January 24

LUNCH

BUILD YOUR OWN SALAD BAR

Coney Island Dog Bar - Tempura Green Beans, Chili Cheese Fries, Festival of Toppings

DINNER

Monterrey Chicken, Roasted Potatoes w/one side

Lunch is Served from 11:30 am - 2:00 pm, Monday - Sunday Last seating at 1:15 pm Dinner is Served from 4:30 pm - 7:00 pm, Monday - Friday Last seating at 6:15 pm