



# TOWERS TALK

MOUNT VERNON TOWERS  
ACTIVE 55+ COMMUNITY

NOVEMBER 22 - NOVEMBER 29

## ADMINISTRATION CORNER



Happy Friday! I hope this message finds you well and that everyone has enjoyed a productive week, despite the sudden change in temperature that we have all experienced recently.

As we approach the Thanksgiving holiday next week, I would like to take this opportunity to express my heartfelt gratitude to each one of you. While I did not grow up with a strong tradition of celebrating holidays, I have come to appreciate the significance of Thanksgiving as a time for connection and gratitude. I feel incredibly fortunate to be part of such a wonderful community here at Mount Vernon Towers. I am sincerely thankful for the relationships that I have built here, the laughter we have shared, and the unwavering support I have received over the past several years. This Thanksgiving, I encourage everyone to take a moment to reflect on the joyous moments in your lives, to express love and appreciation to one another, and to cherish the connections you share not only with your families but also with your neighbors within our community.

In this memo, I have several important updates to share with you, organized by department for clarity:

### **Administration:**

The last general session board meeting took place this past Wednesday, and I would like to remind everyone that our next meeting will be the Annual Owners Meeting, scheduled for December 16, 2024, at 7:00 PM.

Registration for this meeting will commence at 5:30 PM in the back lobby. The meeting packet, containing all pertinent information, will be distributed to Owners on Monday. I will also be arranging individual floor meetings to discuss the contents of the packet in detail, explain the voting process, and answer any questions you may have.

We have been addressing concerns related to the use of motorized mobility devices within our facility. Recently, I shared the rules that must be followed regarding the operation of these devices. Due to the varying sizes of these devices, it has become increasingly difficult to maneuver them within single elevators without causing damage to the walls and structure. To mitigate this issue, the board has unanimously voted that, effective immediately, all motorized mobility devices must exclusively use the double elevators.

The use of single elevators for these devices is strictly prohibited, and violations of this rule will result in fines.

Additionally, I am aware that some of you have been inquiring about the status of our Comcast situation. We are currently awaiting the finalization of the contract, which is still pending legal approval. Furthermore, we must wait for the availability of the technicians involved in this process. Therefore, we are still in a holding pattern regarding this matter. I trust that everyone is relieved that the election season has come to an end, bringing a cessation to the flood of robocalls and text messages. Personally, I am grateful to no longer be inundated with political signage in my neighborhood. However, this leads me to address the issue of political signs within Mount Vernon Towers. While we respect your right to express your political views through clothing or accessories, we must prohibit the display of political signs on the exterior of your doors that face the common hallway areas. This decision has been vetted by our legal team to ensure that it does not infringe upon anyone's First Amendment rights. If you currently have political signs displayed on your doors, I kindly ask that you remove them immediately.

In employee-related news, I am pleased to announce that Clay from the IT department is being promoted to the position of Assistant Maintenance Director.

Clay has been an invaluable asset to our IT team, and while you may miss his presence in that role, he is eager to embrace the challenges that come with learning about the building and its various systems. Please take a moment to congratulate Clay if you see him. We will also be advertising a part-time IT technician as early as this weekend. David Bauder, who has been with us for 17 years and was instrumental in starting the IT program, will continue to serve as the manager of the IT department.

### **Activities:**

I am delighted to share that last night's Pre-Thanksgiving dinner party was a resounding success! It warms my heart to witness residents enjoying themselves, interacting, and dancing together. At one point, we had over 20 residents up and dancing the night away. As we transition into the Thanksgiving holiday next week, you will begin to see the building adorned with early Christmas decorations, a necessary step given the late timing of Thanksgiving this year. We wanted to ensure that we are fully prepared for the upcoming holiday parties.

On Thanksgiving Day, we will be serving brunch, and I want to remind everyone that reservations are required. Reservations began today, and we still have availability. Please contact Susan to secure your spot on the list.

You may have noticed that the Veterans wall has been temporarily taken down but rest assured that all frames and content have been preserved and will be reused in the coming months. In the meantime, I am pleased to announce that the artist alley is back, showcasing the work of Mr. Bob Harnsberger and Ms. Libby Huff. We are actively seeking additional artists who would like to display their work, so if you or someone you know is interested, please reach out to me, Denise Athanas, or Mary Corbit.

### **Dining Services:**

As I mentioned previously, we recently hired a new Dining Director, Marquita.

Unfortunately, I must inform you that she resigned this past week due to personal circumstances that will limit her availability. We are currently back in the interview process for this important position.

I also want to share some exciting news regarding our Executive Chef search. We have been conducting interviews and hosting tasting sessions, and I am thrilled to announce that we have extended an offer to Executive Chef Anthony, who has accepted the position. I will provide more information about him in the coming week, but I was very impressed with his culinary skills, knowledge, and personality during the interview process.

You may have noticed the "Happy or Not" kiosk in the dining room, which serves as an alternative to traditional comment cards. This system allows you to provide feedback by clicking on icons or even writing detailed comments if you prefer.

If you still wish to use the comment cards, that option remains available as well, and those comments are manually entered into the system. The beauty of the kiosk is that it compiles all feedback, data, and statistics in real time for me, the management team, and the regional director and vice president of Morrisons. Last week, we received an 85% positive feedback score from 125 responses, along with 38 comments. While we recognize that 85% is not our target, having this data will help us hold ourselves accountable, so please continue to provide your feedback. We need to hear both the positive and the constructive.

### **Maintenance:**

This Tuesday and Wednesday, our maintenance team will be changing filters on floors 1-4 to ensure that our systems are functioning optimally.

In terms of recycling, we have observed instances of shredded paper being bagged in plastic and left on the trash room floor. Please be reminded that this practice is not recyclable due to the combination of plastic and paper. We kindly ask that you refrain from placing these bags on the floor.



## ADMINISTRATION CORNER continued

Many of you may be accustomed to turning off your HVAC units in your homes to conserve energy when they are not needed. However, I must emphasize that this practice should not be followed in your condos. It is essential that your HVAC units remain on at a comfortable temperature, even if you are away on vacation, to prevent issues such as freezing pipes and mold development.

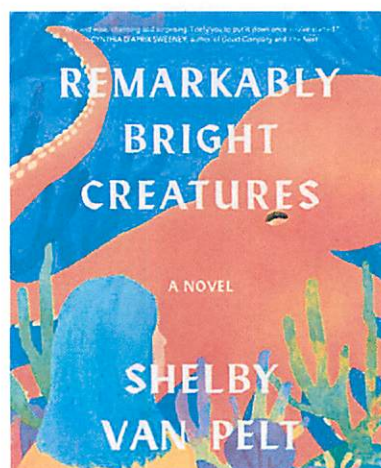
I will be receiving a start date for the parking project later today, so please stay tuned for more information regarding this initiative coming early next week. I realize this memo contains a substantial amount of information to digest, but if you have any questions or require further clarification on any of the topics mentioned, please do not hesitate to reach out to me. I hope everyone has a wonderful weekend!

Rita Malone  
Executive Director



# HAPPY BIRTHDAY

Happy Birthday shout-outs to our fabulous friends! On 11/23, let's party for JANICE ADAMS B1001 and JOSEPH AMARAL A1002! Then on 11/24, it's a fiesta for CARLOS RENNELLA B207 and THOMAS HAMLIN B407! On 11/25, we're celebrating MADELINE HUPPERT A701 and GERARD ROBINSON A706! The fun continues on 11/26 with LUCILLE CLARK PCC-17 and ANTHONY COLLOTTA A906! Don't forget the birthday bash on 11/27 for LEE BAGGETT A704 and GERY LAUBE A1006! And wrapping up the birthday bonanza on 11/28, let's cheer for MARGIE COOK A604 and ETHEL RICKEY A315! Let the confetti fly!



**MVT**  
*Book Club*

Sunday, November 24  
4:00 PM /  
Hammond Hall



Thanksgiving Brunch will be from 11:30 AM to 2 PM with last seating at 1:15 PM

## Floor Dinners

- 1st Floor - December 1
- 2nd Floor - December 2
- 3rd Floor - December 3
- 4th Floor - December 4
- 5th Floor - December 5
- 6th Floor - December 6
- 7th Floor - December 7
- 8th Floor - December 8
- 9th Floor - December 9
- 10th Floor - December 10

## December Outings

- 12/5 11:30am Lunch Outing at Brookwood Grille
- 12/12 3:00pm Lights of Life outing w/dinner at Red Lobster
- 12/14 12:00pm Fox Theater: Twas the night before - Cirque du Soleil
- 12/19 10:00am Jim Howe Atlanta Christmas Bus Tour w/lunch at Six Feet Under

Sign up sheets will be available in back lobby near mail room December 1.



There will be no Bus Service on November 28 and November 29



Dixie Pounds from Just Peachy Travel will be attending the meeting scheduled for December 2 at 3:30 PM in the Magnolia Room. There will be a "Christmas in the Smokies" trip from December 10 to 12, featuring Gatlinburg and Pigeon Forge.



## New Resident Meal sign-ups

Lunch and Dinner each Monday. Register Sunday by NOON by the mailroom.





# TABLE 300

**FISH OF THE WEEK: FLOUNDER**

**VEGGIE OF THE WEEK: GREEN BEANS**

**SOUP OF THE WEEK: CHICKEN NOODLE**

**SOUP OF THE DAY - M-BROCCOLI & CHEESE T- BEEF BARLEY W- NAVY BEAN TH-GOLDEN MUSHROOM F-TURKEY & RICE SAT-CHEFS CHOICE**

**Saturday, November 23**

**LUNCH**

Hot Pastrami on Rye with 1 side

**Sunday, November 24**

**BRUNCH**

Assorted Fresh Fruit, Assorted Bakery Items

**Smoked Salmon Display**

**Build Your Own Omelet Bar**

**Hot Line** -Pot Roast & Gravy, Ham & Cheese Quiche, Roasted Potatoes, Asparagus, Glazed Carrots, Pearl Sugar Waffles, Scrambled Eggs, Bacon, Sausage, Buttered Grits

**DELIVERY**

Pot Roast & Gravy, Ham & Cheese Quiche and your choice of two - Roasted Potatoes, Asparagus, Glazed Carrots

Call 404-255-7246 by 9 AM for Lunch Delivery,  
1:30 PM for Dinner Delivery.  
Dining Room Closed 2-3 pm M-F.  
Call by 9AM for Brunch Delivery

**Monday, November 25**

**LUNCH**

French Dip w/Au-jus w/1 side

**DINNER**

Chicken Alfredo served on Fettucine w/  
Italian Vegetables & Garlic Bread

**Tuesday, November 26**

**LUNCH**

Tune Salad Croissant with 1 side

**DINNER**

Shrimp Creole with Stewed Okra &  
Tomatoe, Seasoned Rice Beef  
Burgundy with Egg Noodles, Peas &  
Carrots

**Wednesday, November 27**

**LUNCH**

Three Cheese Quiche with  
Fresh Fruit and Tossed Salad

**DINNER**

Fried Chicken with Mac & Cheese,  
Turnip Greens, Chili Lime Pulled Pork  
with Baked Beans and Vegetable  
Medley

**Thursday, November 28**

**THANKSGIVING BUFFETT**



**Friday, November 29**

**LUNCH**

**BUILD YOUR OWN SALAD BAR**

**CHILI BAR** - Texas Beef Chili, Three Bean Chili, Cornbread, Diced Tomatoes, Shredded Cheese, Sour Cream, Green Onions

**DINNER**

Fried Fish & Chips with  
Broccoli Slaw

Lunch is Served from 11:30 am - 2:00 pm,  
Monday - Sunday Last seating at 1:15 pm  
Dinner is Served from 4:30 pm - 7:00 pm,  
Monday - Friday Last seating at 6:15 pm

# THANKSGIVING DAY BRUNCH

THURSDAY, NOVEMBER 28th

BRUNCH HOURS: 11:30 AM TO 2:15 PM (LAST SEATING @ 1:00 PM)

RESERVATIONS BEGIN ON FRIDAY, NOVEMBER 22nd AT 10:00 AM IN THE FRONT LOBBY

## WINTER SPINACH SALAD

WITH DRIED CHERRIES, GRAPES, APPLES, PECANS & BLEU CHEESE IN A MAPLE  
VINAIGRETTE

## ENTRÉE

SLOW ROASTED TURKEY  
PINEAPPLE GLAZED HAM

## SIDE DISHES

DEVEILED EGGS  
SWEET POTATO SOUFFLE  
ROASTED POTATOES  
BABY CARROTS  
ROASTED BRUSSEL SPROUTS  
STUFFING

## DESSERT ITEMS

CHERRY COBBLER  
SPICED PUMPKIN CHEESECAKE



RESIDENTS \$19.00  
GUESTS \$21.00



# TOWERS TALK- NOVEMBER 22, 2024



	SATURDAY 11/23/2024	
TIME	EVENT	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
10:15AM	HAPPY TAILS PET THERAPY	BACK LOBBY
12:00PM	HELP TECH W/ YOUNG MEN'S LEAGUE	MAGNOLIA ROOM
1:30PM	BIBLE STUDY: LUKE-ACTS	MAGNOLIA ROOM
4:00PM	VIGIL MASS	HAMMOND HALL
7:00PM	POKER	GAME ROOM

TIME	SUNDAY 11/24/2024	LOCATION
2:00PM	CHRISTIAN FELLOWSHIP	HAMMOND HALL
4:00PM	BOOK CLUB	HAMMOND HALL

TIME	MONDAY 11/25/2024	LOCATION
10:00AM	CHAIR YOGA	HAMMOND HALL
10:30AM	BINGO	PCC
12:00PM	NEWCOMERS LUNCH	DINING ROOM
2:00PM	BIBLE STUDY	MAGNOLIA ROOM
5:00PM	NEWCOMERS DINNER	DINING ROOM
7:00PM	PHASE 10	GAME ROOM

	TUESDAY 11/26/2024	
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
11:30AM	STANDING TAI CHI WITH MARIE	HAMMOND HALL
1:00PM	MANIPULATION	MAGNOLIA ROOM
1:30PM	RUMMIKUB	GAME ROOM
6:30PM	VESPERS	SUN PORCH



	<b>WEDNESDAY 11/27/2024</b>	
<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [DOLLAR BILLS OR QUARTERS ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
3:00PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
7:00PM	BETH WALLER	SUN PORCH
7:00PM	CANASTA HAND & FOOT	GAME ROOM

<b>THURSDAY 11/28/2024</b>		
 		
<b>NO BUS SERVICE</b> <b>DINING ROOM HOURS</b> <b>11:30AM-2:00PM</b> <b>LAST SEATING 1:15PM</b> <b>RESERVATIONS ONLY FOR</b> <b>THANKSGIVING BRUNCH</b>		

	<b>FRIDAY 11/29/2024</b>	
<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
	<b>NO BUS SERVICE</b>	
10:00AM	CARDIO	HAMMOND HALL