


# September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 2PM: Christian Fellowship <b>SP</b>	<b>2</b> <b>CLOSED</b> 	<b>3</b> 10AM: Standing Aerobics <b>HH</b> 11AM: Water Aerobics <b>Pool</b> 11:30AM: Standing Tai Chi <b>HH</b> 1PM: Manipulation <b>RECR</b> 1:30PM: Rummikub <b>RECR</b> 6:30PM: Vespers <b>SP</b>	<b>4</b> 9AM: Trader Joes & CVS <b>Depot</b> 10AM: Chair Yoga <b>HH</b> 10AM: MVT Luau Reservations <b>FD</b> 10:45AM: Aldi <b>Depot</b> 11AM: Episcopal Eucharist <b>MR</b> 11AM: Zumba <b>HH</b> 1:30PM: BINGO <b>SP</b> 1:30PM: Kroger & Banks <b>Depot</b> 3PM: Publix <b>Depot</b> 3:30PM: Rhythm & Rouge <b>SP</b> 7PM: Canasta Hand & Foot <b>RR</b>	<b>5</b> 10AM: Chair Aerobics <b>HH</b> 10:30AM: Titanic Exhibit w/lunch at Lazy Dog <b>BD</b> 1:30PM: Standing Tai Chi <b>HH</b> 3:30PM: Atl Bluegrass Allstars <b>SP</b> 7PM: Dominoes <b>GR</b>	<b>6</b> 9AM: Publix <b>Depot</b> 10AM: Cardio Exercise <b>HH</b> 10:30AM: Walmart <b>Depot</b> 11AM: Water Aerobics <b>Pool</b> 1:30PM: Kroger & Dry Cleaners <b>Depot</b> 3PM: Costco <b>Depot</b>	<b>7</b> 10AM: Strength & Balance <b>HH</b> 12PM: Young Men's League Help Tech <b>MR</b> 1PM: National Charity League Game Day <b>Rec Room</b> 1:30PM: Bible Study <b>MR</b> 2PM: Ollieboy the violinist <b>SP</b> 4PM: Vigil Mass <b>SP</b> 7PM: Poker <b>RECR</b>
<b>8</b> 2PM: Christian Fellowship <b>SP</b>	<b>9</b> 10AM: Chair Yoga <b>HH</b> 10:30AM: BINGO <b>PCC</b> 1:30PM: HRLS Fulton County Voter Registration <b>SP</b> 2PM: Bible Study <b>MR</b> 7PM: Phase 10 <b>GR</b>	<b>10</b> 10AM: Standing Aerobics <b>HH</b> 11AM: Water Aerobics <b>Pool</b> 11:30AM: Standing Tai Chi <b>HH</b> 1PM: Manipulation <b>AZ</b> 1:30PM: Rummikub <b>GR</b> 1:30PM: Nutrition Seminar <b>SP</b> 2:30PM: Show n Tell <b>HH</b> 3PM: MVT Gardening Group <b>HH</b> 6:30PM: Vespers <b>SP</b>	<b>11</b> 9AM: Trader Joes & CVS <b>Depot</b> 10AM: Chair Yoga <b>HH</b> 10:45AM: Aldi <b>Depot</b> 11AM: Episcopal Eucharist <b>MR</b> 11AM: Zumba <b>HH</b> 1:30PM: BINGO <b>SP</b> 1:30PM: Kroger & Banks <b>Depot</b> 3PM: Publix <b>Depot</b> 7PM: Canasta Hand & Foot <b>GR</b> 7PM: 9/11 Rememberance <b>SP</b>	<b>12</b> 9AM: Bake Sale <b>BL</b> 10AM: Chair Aerobics <b>HH</b> 10PM: Smyrna History Museum w/lunch at Muss & Turner <b>BD</b> 1:30PM: Standing Tai Chi <b>HH</b> 3:30PM: Home By Ten <b>SP</b> 7PM: Dominoes <b>GR</b>	<b>13</b> 9AM: Publix <b>Depot</b> 10AM: Cardio Exercise <b>HH</b> 10:30AM: Walmart <b>Depot</b> 11AM: Water Aerobics <b>Pool</b> 1:30PM: Kroger & Dry Cleaners <b>Depot</b> 2PM: Sharp Affair Band <b>SP</b> 3PM: Target <b>Depot</b>	<b>14</b> 10AM: Strength & Balance <b>HH</b> 10AM: Bible Study <b>MR</b> 12PM: Young Men's League Help Tech <b>MR</b> 12PM: MVT Luau Party w/Retro Jazz Katz <b>CY</b> 4PM: Vigil Mass <b>SP</b> 7PM: Poker <b>GR</b>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> 2PM: Christian Fellowship <b>SP</b> 5PM: Presbyterian Vesper Svc <b>SP</b>	<b>16</b> 10AM: Chair Yoga <b>HH</b> 10:30AM: BINGO <b>PCC</b> 1:30PM: HRLS ? <b>SP</b> 2PM: Bible Study <b>MR</b> 7PM: Phase 10 <b>GR</b>	<b>17</b> 10AM: Standing Aerobics <b>HH</b> 11AM: Water Aerobics <b>Pool</b> 11:30AM: Standing Tai Chi <b>HH</b> 1PM: Manipulation <b>AZ</b> 1:30PM: Rummikub <b>GR</b> 2PM: Camp Creek Dental <b>SP</b> 6:30PM: Vespers <b>SP</b>	<b>18</b> 9AM: Trader Joes & CVS <b>Depot</b> 10AM: Chair Yoga <b>HH</b> 10:45AM: Aldi <b>Depot</b> 11AM: Episcopal Eucharist <b>MR</b> 11AM: Zumba <b>HH</b> 1:30PM: BINGO <b>GR</b> 1:30PM: Kroger & Banks <b>Depot</b> 3PM: Publix <b>Depot</b> 3:30PM: Beth Waller <b>SP</b> 7PM: Canasta Hand & Foot <b>GR</b>	<b>19</b> 10AM: Chair Aerobics <b>HH</b> 10AM: Driving Mss Daisy Tour w/lunch at ? <b>BD</b> 1:30PM: Standing Tai Chi <b>HH</b> 7PM: Dominoes <b>GR</b> 7PM: Love Classics w/Sonya Shell <b>SP</b>	<b>20</b> 9AM: Publix <b>Depot</b> 10AM: Cardio Exercise <b>HH</b> 10:30AM: Walmart <b>Depot</b> 11AM: Water Aerobics <b>Pool</b> 1:30PM: Kroger & Dry Cleaners <b>Depot</b> 3PM: Whole Foods/Dollar Tree <b>Depot</b>	<b>21</b> 10AM: Strength & Balance <b>HH</b> 12PM: Young Men's League Help Tech <b>MR</b> 1:30PM: Bible Study <b>MR</b> 4PM: Vigil Mass <b>SP</b> 7PM: Poker <b>GR</b>
<b>22</b> 2PM: Christian Fellowship <b>SP</b>	<b>23</b> 10AM: Chair Yoga <b>HH</b> 10:30AM: BINGO <b>PCC</b> 1:30PM: HRLS MV Road Work Update <b>SP</b> 2PM: Bible Study <b>MR</b> 7PM: Phase 10 <b>GR</b> 7PM: Sing-Along <b>SP</b>	<b>24</b> 9:30AM: CFC School <b>SP</b> 10AM: Standing Aerobics <b>HH</b> 11AM: Water Aerobics <b>Pool</b> 11:30AM: Standing Tai Chi <b>HH</b> 1PM: Manipulation <b>AZ</b> 1:30PM: Rummikub <b>GR</b> 2PM: Cooking Class <b>DR</b> 6:30PM: Vespers <b>SP</b>	<b>25</b> 9AM: Trader Joes & CVS <b>Depot</b> 10AM: Chair Yoga <b>HH</b> 10:45AM: Aldi <b>Depot</b> 11AM: Episcopal Eucharist <b>MR</b> 11AM: Zumba <b>HH</b> 1:30PM: BINGO <b>GR</b> 1:30PM: Board Meeting <b>SP</b> 1:30PM: Kroger & Banks <b>Depot</b> 3PM: Publix <b>Depot</b> 7PM: Canasta Hand & Foot <b>GR</b> 7PM: T-Tones <b>SP</b>	<b>26</b> 10AM: Chair Aerobics <b>HH</b> 11AM: Movie Theater w/lunch at Hearth <b>BD</b> 1:30PM: Standing Tai Chi <b>HH</b> 4:30PM: Homecoming Dinner Party with band 7PM: Dominoes <b>GR</b>	<b>27</b> 9AM: Publix <b>Depot</b> 10AM: Cardio Exercise <b>HH</b> 10:30AM: Walmart <b>Depot</b> 11AM: Water Aerobics <b>Pool</b> 11AM: Allison Mills Yoga <b>SP</b> 1:30PM: Kroger & Dry Cleaners <b>Depot</b> 3PM: Five Below <b>Depot</b>	<b>28</b> 10AM: Strength & Balance <b>HH</b> 10:15AM: Happy Tails <b>BL</b> 12PM: Young Men's League Help Tech <b>MR</b> 1PM: National Charity League Caramel Apples <b>BL</b> 1:30PM: Bible Study <b>MR</b> 4PM: Vigil Mass <b>SP</b> 7PM: Poker <b>GR</b>
<b>29</b> 2PM: Christian Fellowship <b>SP</b> 4PM: Book Club <b>HH</b>	<b>30</b> 10AM: Chair Yoga <b>HH</b> 10:30AM: BINGO <b>PCC</b> 1:30PM: HRLS Sandy Springs Fire Lt <b>SP</b> 2PM: Bible Study <b>MR</b> 3PM: Shea Roberts Representative for GA House District 52 <b>SP</b> 7PM: Phase 10 <b>GR</b>	<h2 style="text-align: center;">Birthdays</h2> ERIS HALL A914 9/1 EHRlich DA VICTORIA LOBO A814 9/1 MELISSA ROWE B703 9/2 NANCY KENNEDY B1014 9/3 RICHARD ANDERSON A402 9/3 MARIETTE BEERKENS B213 9/7 MARGARET BRINCKMAN A909 9/12 JON DRAKE B912 9/12	<h2 style="text-align: center;">Birthdays</h2> REJANE MITTELSTADT B1009 9/13 STANLEY SMITS B606 9/15 ANITA HERMAN B801-803 9/16 JULIE RANKIN B508 9/17 JOHNNY FOWLER B913 9/18 ROBERT TOBIN A509 9/20 YVONNE WRIGHT B112 9/21 MARILYN DONNELLY B410 9/22	<h2 style="text-align: center;">Birthdays</h2> AGNES BENSON A1015 9/23 MARY ELLEN TREPANIER B713 9/23 SARA COFFEY B906 9/25 SUE PAPCIAK B1012 9/25 BARBARA TRAMMELL A112 9/26 ANNE DEVORE A102 9/27 MARGERY COSTELLO B511 9/27 FRANCES KEATON A614 9/28	<h2 style="text-align: center;">Birthdays</h2> CYNTHIA MARTIN B715 9/29 THERESA MCMAHAN A313 9/29 NEELIMA BIDDIX B611 9/30 KAREN WALKER A506 9/30	