



TOWERS TALK

April 12 - April 19

ADMINISTRATION CORNER



Happy Friday!

I hope everyone has had a great week so far. As we embrace the April showers, let's keep in mind that they bring May flowers. Here are a few updates and important reminders for you:

Activities Update:

- Don't forget to meet Susan in the back lobby on Monday to reserve your spot for Vegas Night. It's going to be an exciting evening of gambling with professional dealers, great music, and delicious food.
- The Fulton County Department of Registration and Elections will be on the Sunporch on Monday, April 15th at 1:30 pm to assist with Voter Registration needs. Make sure to mark your calendars!

Dining Room Update:

- The dining room will be closed this weekend due to painting. If you have placed an order for delivery, please expect your order to arrive between 11:30 am and 12:30 pm on both Saturday and Sunday.

- On Monday, keep an eye out for new breakfast, lunch, and dinner menus that will be delivered to your door. These new menus will take effect starting Tuesday, April 16th.

Maintenance Update:

- On Monday, April 15th, the Magnolia room, and Azalea room will be closed until 2:00 pm for Carpet Cleaning.
- We have noticed an increase in sinks being left on, which is causing leaks and frustration for our neighbors. Please double-check that your faucets are off before leaving your condo. If you are interested in having touchless faucets installed, please send me an email for further discussion.

I hope you all have a fantastic weekend! Remember, if you have any suggestions, comments, or concerns, feel free to reach out to us.

Rita Malone
Executive Director

Residents Corner



Fred "Freddy" Dendy is a captivating character residing in B214. While Freddy may have only called this place home for six months, his

connection to these condos stretches across numerous years. Having been born and raised in the prestigious neighborhood of Buckhead, he proudly holds the distinguished title of a Lovett graduate.

Freddy's journey through life has been as diverse as it is captivating. His first steps into the professional realm were taken within his family's electrical supply and lighting company. However, the call of adventure beckoned, leading Freddy to the sunny beaches of southwest Florida. As a child, he had been spellbound by deep-sea fishing trips, and as fate would have it, he found himself immersed in the world of boat and yacht sales later in life.

But Freddy's passions don't stop at sea. He is an avid car enthusiast, with a penchant for owning and collecting classic cars that exude timeless style. His favorite care is the sleek Porsche 911 Turbo, a true automotive masterpiece.

In his condo, Freddy finds solace in the company of his loyal companion, Barney, his cat.

FULTON VOTES integrity
security
efficiency

VOTER

Get assistance with voter registration, absentee ballot applications, address changes and more!

EDUCATION &

OUTREACH

Monday, April 15, 2024

1:30 p.m. – 2:30 p.m.

High Rise Living Series

The Sun Porch at Mount Vernon Towers,
300 Johnson Ferry Road, NE,
Sandy Springs 30328



Bring ID

*All residents are welcome

www.fultonelections.com

High Rise Living Series

On Monday, April 15, LaShandra Little, Voter Education and Outreach Manager at the Fulton County Department of Registration and Elections, will be available to address inquiries and offer support regarding voter registration, absentee ballot applications, address modifications, and related matters. Attendees requiring adjustments are advised to bring identification. The program commences at 1:30 pm on the Sun Porch and welcomes all residents.



TRAVEL

The next Travel Group meeting is Monday, April 15, at 3:30 pm in the Magnolia Room.

Welcome

The Welcome Committee hosts New Resident tables in the dining room for lunch at noon, and dinner at 5pm each Monday. Reservations are required by the previous Friday. Sign up by the mail room.

HAPPY BIRTHDAY

Let's get this party started! Check out these upcoming birthdays:

April 14: Jean Allison, B314; Nancy Lockett, B308; Worth Williams, B114; Arlette Pace, A505.

April 15: Hugh Pugsley, A806.

April 17: Christine Wheeler, B612.

April 18: Clive Howe, B111; Reather Weathers, A301; Frank Egan, A507.

April 19: Rosalie North, A108.



Mount Vernon Towers

VEGAS Night

Dress up in your finest cocktail attire and prepare for an extravagant evening filled with gaming, delicious snacks, and fantastic entertainment! Imagine a lavish feast featuring a Large Charcuterie Table, Shrimp Cocktail, Fried Mac and Cheese Balls, Mini Chicken and Waffles, and more, along with desserts fit for royalty. Enjoy a full bar to quench your thirst. Experience professional gaming tables and dealers offering poker, blackjack, dice rolling, and roulette spinning. Let the smooth tunes of Sinatra and his crew (including Dean, Sammy, and Marilyn) set the mood for the night!

\$40 per person



April 20, 2024
6:00-8:30 PM / Dining Room



PAINT & SIP

Come hang out with Aleigha of the DoodleArt Studio for a Paint & Sip afternoon! It's \$35 per person, covering all the essentials—canvas, paints, and expert guidance. Unwind with a glass of wine or your favorite drink in hand. Let the creativity flow!

Sign up in back lobby by April 25th so we can get an accurate headcount.

MAY 5
2-4 PM



Mount Vernon Towers





TABLE 300

VEGETABLE OF THE WEEK

ASK YOUR SERVER



Saturday, April 13
CLOSED for PAINTING

Sunday, April 14
CLOSED for PAINTING

Monday, April 15

LUNCH

Shrimp Caesar Wrap with 1 side

DINNER

Table 1

Stuffed Chicken Breast Served with
Mashed Potatoes and Broccoli

Table 2

Pot Roast Served with Black-Eyed Peas,
Greens, and Corn Bread

Tuesday, April 16

LUNCH

Meatball Sub with 1 side

DINNER

Coconut Curry Cod with 2 sides

Wednesday, April 17

LUNCH

Philly Cheesesteak Sub w/1 side

DINNER

Table 1

Fried Chicken served with
Baked Beans and Okra and Tomatoes

Table 2

Salisbury Steak with Mashed Potatoes
and Spinach

Thursday, April 18

LUNCH

Margherita Panini with 1 side

DINNER

BBQ Ribs Served with 2 sides

Friday, April 19

LUNCH

BUILD YOUR OWN SALAD BAR:

Your choice of mixed greens,
Romaine or Iceberg lettuce with
topping choices...Shredded Cheese,
Croutons, Dried Cranberries, Red
Onions, Hard Boiled Eggs, Bacon
Bits, Grilled Chicken, Salad Shrimp,
Tomatoes, Cucumbers and your
choice of Salad Dressing

Loaded Baked Potato Bar

Toppings include (Shredded
Cheese, Nacho Cheese, Steamed
Broccoli, Grilled Chicken, Shrimp,
Sour Cream, Green Onion, Bacon
Bits, Butter, Spinach)

DINNER

Chicken and Sausage Jambalaya
with 2 sides

Call 404-255-7246

by 9 AM for Lunch Delivery 1:30 PM for
Dinner Delivery.

Dining Room Closed 2-3 pm M-F.

Call by 9AM for Brunch Delivery

Lunch is Served from 11:30 am - 2:00 pm,
Monday - Saturday Last seating at 1:15 pm
Dinner is Served from 4:30 pm - 7:00 pm,
Monday - Friday Last seating at 6:15 pm

TOWERS TALK– APRIL 12, 2024



TIME	SATURDAY 4/13/2024	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
12:00PM	BIBLE STUDY: BIBLE STUDY: THE CHOSEN SEASON 4 EPISODE 1 AT 12:00PM AND EPISODE 2 AT 1:30PM	MAGNOLIA ROOM
4:00PM	VIGIL CATHOLIC MASS	HAMMOND HALL

TIME	SUNDAY 4/14/2024	LOCATION
2:00PM	CHRISTIAN FELLOWSHIP	HAMMOND HALL

TIME	MONDAY 4/15/2024	LOCATION
10:00AM	VEGAS NIGHT RESERVATIONS W/SUSAN	BACK LOBBY
10:00AM	CHAIR YOGA	HAMMOND HALL
10:30AM	BINGO	PCC
12:00PM	NEWCOMERS LUNCHEON	DINING ROOM
2:00PM	BIBLE STUDY	MAGNOLIA ROOM
3:30PM	TRAVEL GROUP MEETING	MAGNOLIA ROOM
5:00PM	NEWCOMERS DINNER	DINING ROOM
7:00PM	SING ALONG	SUN PORCH
7:00PM	PHASE 10	GAME ROOM

TUESDAY 4/16/2024		
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
11:00AM	STANDING TAI CHI	HAMMOND HALL
1:00PM	MANIPULATION	AZALEA ROOM
1:30PM	RUMMIKUB	GAME ROOM
3:30PM	LOOSE SHOES BAND	SUN PORCH
4:00PM	ARTS & CRAFTS [ALL ARE WELCOME]	PCC
6:30PM	VESPERS	SUN PORCH

WEDNESDAY 4/17/2024		
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:45AM	ALDI	DEPOT
11:00AM	ZUMBA CLASS	HAMMOND HALL
11:00AM	EPISCOPAL EUCHARIST SERVICE	MAGNOLIA ROOM
1:30PM	BINGO [CASH ONLY]	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
3:00PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
7:00PM	CANASTA HAND & FOOT	GAME ROOM

THURSDAY 4/18/2024		
TIME	EVENT	LOCATION
10:00AM	BARTOW HISORY CENTER W/LUNCH AT APPALACHIAN GRILLE [RESIDENTS \$5.00]	BUS DEPOT
10:00AM	CHAIR AEROBICS	HAMMOND HALL
1:30PM	TAI CHI W/MARIE	HAMMOND HALL

FRIDAY 4/19/2024		
TIME	EVENT	LOCATION
9:00AM	PUBLIX	DEPOT
10:00AM	CARDIO	HAMMOND HALL
10:45AM	WALMART	DEPOT
11:00AM	STOP N SHOP W/CHERYL SYKES	BACK LOBBY
1:30PM	KROGER & DRY CLEANERS	DEPOT
2:00PM	SPRING HAPPY HOUR with REFRESHMENTS AND ALCOHOL BEVERAGES	BACK LOBBY
3:00PM	COSTCO	DEPOT