# TABLE300 

Where friends and neighbors come together!

## Liunck MEenu

## Hours of Operation

Served from 11:30 am - 2:00 pm,
Monday - Saturday

Last seating taken at 1:15 pm.
Delivery \& carry-out orders must be placed by 9:00 am for

11:15 am pick up \& 11:30 am delivery

## GENERAL INFORMATION

## FEES \& CHARGES

Residents will be charged $\$ 8.50$ for lunch.
Guests will be charged an additional $\$ 2.00$.

## INCLUSIVE

All our Lunch Menu items include your choice of a Side Salad or Soup, Main Entrée/Sandwich or Salad, choice of one side item and a dessert option. Non-alcoholic Beverages are included in all Meals.

## EXTRAS \& ADDITIONAL CHARGES

Extra items will be billed at an additional charge:
$\$ 3.00$ per meat
$\$ 2.00$ per side
\$2.00 per additional dessert
$\$ 1.00$ per additional two scoops of Ice Cream

Extra \& additional items, guest charges and upcharges are not applied to resident meal allowances.
Delivery is an additional $\$ 3.00$ service fee.

## SERVICE EXPECTATIONS

We try our best to ensure that everyone dining with us has an enjoyable experience. To meet these goals, our processes must be followed.

- Residents will be expected to swipe their door cards or fobs when they arrive to dine. They will need to sign in their guests on the sign-in sheet.
- We do not reserve tables. Table seating is based on sequence and rotation of Servers.
- All food items are made to order and wait times could vary.
- Your Server will take your drink order, soup or salad order, and then your entrée order.
- Those who join a table already in the process of ordering/being served will be waited on as soon as the Server has a moment. Understand that your order isn't likely to come out at the same time as the rest of those at your table.
- No food or leftovers are to be taken out on days when a buffet is served. That doesn't include To-Go orders.
- On non-buffet days you are welcome to bring your own Carry-Out containers. We do not provide take-out containers.

Modifications to many of our menu selections is limited. Ask your Server for details

Warning: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your Server if you have special dietary requirements.

## SOUPS

Broccoli and Cheese, Chicken Noodle, Tomato Bisque, Minestrone and Italian Wedding

## SALAD BAR

Entrée Salads are considered a main course. Once seated, if you choose an Entree Salad, your Server will give you a Dinner Salad plate to visit the Salad Bar.

## GREENS

Iceberg Lettuce, Romaine Lettuce, Spinach and Spring Mix

## TOPPINGS

Bacon Bits, Broccoli, Cranberries, Croutons, Cucumbers, Eggs, Grilled Chicken, Red Onions, and Tomatoes

## CHEESE TOPPINGS

Bleu Cheese Crumbles, Feta, Parmesan and Shredded Cheddar Cheese

## DRESSING

Balsamic, Bleu Cheese, Italian, Ranch and Raspberry Vinaigrette

## PREPARED ENTREE SALADS

## MVT COBB

Chopped Iceberg Lettuce with Grilled Chicken, Diced Tomatoes, Hard Boiled Egg, Bacon Crumbles, Bleu Cheese Crumbles and your Choice of Dressing

## CAESAR

Chopped Romain Lettuce with Croutons, Parmesan Cheese, Grilled Chicken with Classic Caesar Dressing

## STRAWBERRY FIELDS

Spinach with Feta Cheese, Candied Pecans and Fresh Strawberries

## CRANBERRY \& GOAT CHEESE

Mixed Greens with Dried Cranberries, Goat Cheese, Chopped Walnuts, Diced Tomatoes, Croutons with Raspberry Vinaigrette

## HOT SANDWICHES

## SERVED WITH ONE SIDE BRUNCH BURGER

100\% All Beef Patty Topped with a Fried Egg, Bacon, Avocado and Cheese

## PULLED PORK

Slow Roasted Pork on a Buttered Bun with BBQ Sauce and a Pickle

## BURGER YOUR WAY

100\% All Beef Patty with Lettuce, Tomato, and Raw or Grilled Onions. Available Toppings Include Cheese, Bacon and Mushrooms

## PORTOBELLO MUSHROOM BURGER

Grilled Marinated Portobello Mushroom on a Buttered Brioche Bun, Topped with Swiss Cheese, Pesto Mayo, Onion, Lettuce and Tomato

## REUBEN

Corned Beef, Swiss Cheese, Sauerkraut and Thousand Island Dressing on Toasted Rye Bread

## TUNA MELT

Grilled on your Choice of White, Wheat or Rye Bread

## GRILLED ALL BEEF HOT DOG

Grilled all Beef Hot Dog. Available Toppings Include Chili, Cheese, Sauerkraut, and Onions

BLT<br>Hickory Smoked Bacon, Lettuce, Tomato and Mayo on your Choice of White, Wheat or Rye Bread<br>\section*{CLASSIC GRILLED CHEESE}<br>Classic Grilled Cheese on your Choice of White, Wheat or Rye Bread. Additional Toppings Include Avocado, Tomato or Bacon

## COLD SANDWICHES

## CHICKEN SALAD ON CROISSANT

Chicken Salad on Croissant with Lettuce and Tomato TURKEY CLUB
Sliced Turkey, Lettuce, Tomato, Cheese and Bacon with Three Slices of White, Wheat or Rye Bread BUILD YOUR OWN DELI SANDWICH
Choose from Sliced Turkey, Ham, Tuna Salad or Chicken Salad. On your Choice of White, Wheat, Rye or Hoagie Roll. Cheese Options: American, Swiss, or Cheddar Cheese

## HOT ENTREES

## SERVED WITH ONE SIDE

## CHICKEN QUESADILLA

Tortilla filled with Chicken, Shredded Cheddar Cheese, Peppers and Onions. Served with Salsa and Sour Cream

## CHICKEN TENDERS

Southern Style Breaded Chicken Tenderloins, Served Plain or Tossed in Buffalo, Sweet Chili, Lemon Pepper Dry Rub or BBQ Sauce

## BUILD YOUR OWN FLATBREAD PIZZA

Flatbread Topped with Marinara and Mozzarella Cheese.
Available Toppings Include Onions, Spinach, Tomatoes, Peppers, Mushrooms, Pepperoni and Chicken

## BEER BATTERED COD

Fresh Cod Battered and Fried. Served with Tartar Sauce

## GRILLED CHICKEN OR TOFU STIR-FRY

Grilled Chicken Breast or Tofu, Served with Stir-Fry Veggies on a bed of Rice (This dish is served with no changes or additional sides)

## VEGETABLE PLATE

Choose any 3 Side Items

## COLD ENTREES

## TRIO SALAD WITH CRACKERS

Tuna, Chicken and Egg Salad. Served with Crackers

## BLACKENED CHICKEN OR TOFU POWER BOWL

Blackened Chicken Breast or Tofu on top of Rice with Grilled Peppers, Avocado, Roasted Broccoli, Spinach and Garbanzo Beans

## SIDES

Green Beans, Sauteed Spinach, Coleslaw, Onion Rings, French Fries, Sweet Potato Fries, Mixed Berry Parfait, House-Made Chips, Fruit Cup

## BREAKFAST AT LUNCH TIME

## Choose Any 3 items

Two Eggs Your way ( Fried, Scrambled, Sunny Side Up, Over Easy)
Belgian Waffle
Breakfast Potatoes
Bacon
Sausage
Toast ( Rye, White or Wheat )

## BEVERAGES

Coffee。Hot Tea。Iced Tea（Sweet or Unsweet）$\circ$ Lemonade。 Soda（Coke，Diet Coke or Sprite）$\circ$ Milk $\circ$ Juice


Cookies


2 Cookies Per Order．Ask Your Server for Available Cookies Flavors

## HERSHEY＇S lce Cream

## Ice Cream

2 Scoops in a Bowl．Ask Your Server for Available Flavors of Ice Cream

