

$$
\begin{aligned}
& \text { VIGIL CATHOLIC MASS - SATURDAYS 4:0OPM IN SUNPORCH } \\
& \text { CHRISTIAN FELLOWSHIP - SUNDAYS 2:OOPM IN SUN PORCH } \\
& \text { BIBLE STUDY - MONDAYS 2:OOPM MAGNOLIA ROOM } \\
& \text { VESPERS - TUESDAYS 6:3OPM SUNPORCH } \\
& \text { EPISCOPAL EUCHARIST - WEDNESDAYS 11:OOAM MAGNOLIA ROOM } \\
& \text { BIBLE STUDY - WEDNESDAYS 1:3OPM MAGNOLIA ROOM } \\
& \text { THE CHOSEN BIBLE STUDY - THURSDAYS 1:3OPM MAGNOLIA ROOM }
\end{aligned}
$$

MONDAY 10:00AM-CHAIR YOGA TUESDAY 10:00AM-STANDING AEROBICS/11:30AM STANDING TAI CHI WEDNESDAY 10:00AM -CHATR YOGA/11:00AM ACTIVE DANCE CAROIO
THURSDAY 10:00AM CHAIR AEROBICS/1:3OPM- TAI CHI WEDNESDAY 10:00AM -CHATR YOGA/11:00AM ACTIVE DANCE CARDIO
THURSDAY 10:00AM CHAIR AEROBICS/1:3OPM-TAI CHI FRIDAY 10:00AM CARDIO EXERCISE SATURDAY 10:00AM STRENGTH AND

BALANCE
$\qquad$

# ENERCISE CHASSES MAMIMOND MALL 

5TH FRIDAY WILL BE DETERMINED BY ACTIVITE
Ldd S , ४O 1000 V $\exists \wedge \forall H$ กOR $\operatorname{II}$
WITHIN A SILE CONTACT
THE FRONT DESK TO SIGN-UP
FOR MEDICAL BUS MONDAY
AND TUESDAY ONLY!!




