

TOWERS TALK– DECEMBER 15, 2023

ACTIVITIES

	SATURDAY 12/16/2023	
TIME	EVENT	LOCATION
10:00AM	STRENGTH AND BALANCE	HAMMOND HALL
1:00PM	NAT'L CHARITY LEAGUE SING-ALONG	HAMMOND HALL
4:00PM	VIGIL CATHOLIC MASS	SUNPORCH
	SUNDAY 12/17/2023	
TIME	EVENT	LOCATION
2:00PM	CHRISTIAN FELLOWSHIP	SUN PORCH
	MONDAY 12/18/2023	
TIME	EVENT	LOCATION
10:00AM	CHAIR YOGA	HAMMOND HALL
CANCELLED	BIBLE STUDY	MAGNOLIA ROOM
3:30PM	IDEA DISCUSSION	LIBRARY
	TUESDAY 12/19/2023	
TIME	EVENT	LOCATION
10:00AM	STANDING AEROBICS	HAMMOND HALL
11:30AM	STANDING TAI CHI WITH MARIE	HAMMOND HALL
1:00PM	MANIPULATION	AZALEA ROOM
1:30PM	RUMMIKUB	GAME ROOM
3:00PM	TRIVIA	MAGNOLIA ROOM
6:30PM	VESPER	HAMMOND HALL

	WEDNESDAY 12/20/2023	
TIME	EVENT	LOCATION
9:00AM	TRADER JOE'S & CVS	DEPOT
10:00AM	CHAIR YOGA	HAMMOND HALL
10:45AM	ALDI	DEPOT
11:00AM	ACTIVE DANCE CARDIO	HAMMOND HALL
1:30PM	BINGO	GAME ROOM
1:30PM	KROGER & BANKS	DEPOT
1:30PM	BIBLE STUDY (viewing of "The Chosen" series)	MAGNOLIA ROOM
2:00PM	CHRISTMAS HOLIDAY SHOW	SUNPORCH
3:00PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
4:00PM	CHRISTMAS DINNER PARTY W/ CLASS ACT BAND RESERVATION ONLY	DINGING ROOM

	THURSDAY 12/21/2023	
TIME	EVENT	LOCATION
10:00AM	CHAIR AEROBICS	HAMMOND HALL
1:30PM	BIBLE STUDY VIEWING OF THE CHOSEN SERIES	MAGNOLIA ROOM
1:30PM	TAI CHI WITH MARIE	HAMMOND ROOM
3:30PM	ROSWELL NEW HORIZON BAND	SUNPORCH
7:00PM	DOMINOES	GAME ROOM

	FRIDAY 12/22/2023	
TIME	EVENT	LOCATION
9:00AM	PUBLIX	DEPOT
10:45AM	WALMART	DEPOT
1:30PM	KROGER & DRY CLEANERS	DEPOT
3:00PM	WHOLE FOODS & DOLLAR TREE	DEPOT
7:00PM	JAZZ BY TWO	SUNPORCH



happy
holidays!

MESSAGE FROM BEAUTY SALON...

Good afternoon and Happy Holidays to you!!

We will be closed from Sunday, December 24, 2023 to Monday, January 1, 2024. We will NOT service our outside locations that week. We will post on the salon doors the days we will be closed. We are giving our staff a full week off to be with their families. We want to say, "THANK YOU" and we appreciate your business and look forward to this New Year!

FILTERS, FOR FLOORS

**1-4 WILL ONLY BE
CHECKED TUESDAY 12/19**

AND

WEDNESDAY 12/20

2023 VOTING RESULTS FOR FY 2024

ITEM	FOR	AGAINST	ABSTAIN	NO VOTE	TOTAL
2024 BUDGET	134	27	15	14	190
DAN KASAL	134				134
TERI STUCKI	39				39
JANICE ADMAS	86				86
TRICIA MORRIS	114				114
NANCY ROGERS	151				151
PERSON WHO WAS NOMINATED FROM THE FLOOR	0				0



WANT MORE CHRISTMAS SING-ALONG?

We are told by those who came on the 4th that they do. And your front row team is excited to bring it on again! We have added 2 more songs for those who came on the 4th and wanted more. We picked the most familiar ones and are sure some of yours will be in there.

If you did not see the notice for the 4th in time, or want to sing again, we will do a repeat-plus on the 18th in the Sun Porch.

So mark your calendars for **Monday, December 18, at 7PM. See you then in The Sun Porch!**

YOUR FRONT ROW TEAM

BILL, PAT, AND PAUL



PODIATRIST

FRIDAY DECEMBER 29TH

MAGNOLIA ROOM

9:30AM

**FIRST TIME RESIDENTS, PLEASE
SUBMIT INSURANCE DOCUMENTS TO
THE PCC FLOOR BEFORE FRIDAY 12/29.**



WE WANT TO WISH

- . CONSTANCE PAPPAS B509 12/17
 - . DON RESER A715 12/17
 - . ANN JONES A903 12/19
- . HELEN THACKSTON A915 12/19
 - . ED BILSKI B604 12/20
- . AGGIE HACKADAY B514 12/21
- . NICK IMBORNONE A403 12/22

MENUS

SATURDAY, DECEMBER 16TH

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

CHICKEN MUSHROOM AND SPINACH PIZZA 1 SIDE

SUNDAY, DECEMBER 17TH

BRUNCH:

DINING ROOM ONLY

OMELET STATION W/GRITS AND BACON

SCRAMBLED EGGS

BREAKFAST POTATO

FRESH FRUIT, DESSERTS & PASTRIES

CINNAMON WAFFLES

BAKED ZITI WITH BROCCOLI AND GARLIC BREAD

DELIVERY

BAKED ZITI WITH BROCCOLI AND GARLIC BREAD

OR

CINNAMON WAFFLES WITH SAUSAGE PATTY AND GRITS

MONDAY, DECEMBER 18TH

SOUP OF THE WEEK:

MINESTRONE SOUP

VEGETABLE OF THE WEEK:

BRUSSEL SPROUTS

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

- **VEGGIE BURGER WITH 1 SIDE**

DINNER SPECIAL:

TABLE 1

ROASTED PORK LOIN WITH CRANBERRY CHUTNEY WITH RICE AND BRUSSEL SPROUTS

TABLE 2

BEEF STROGANOFF WITH PEAS AND GLAZED CARROTS

TUESDAY, DECEMBER 19th

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

- **PORTOBELLO MUSHROOM BURGER WITH 1 SIDE**

DINNER SPECIAL:

- **SALISBURY STEAK WITH 2 SIDES**

WEDNESDAY, DECEMBER 20th

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

- **GRILLED TOMATO AND PIMENTO CHEESE SANDWICH WITH 1 SIDE**

DINNER SPECIAL:

- **CHRISTMAS PARTY MENU**

THURSDAY, DECEMBER 21ST

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

- **OPEN FACE MEATLOAF SANDWICH WITH 2 SIDES**

DINNER SPECIAL:

FRIED CHICKEN WITH RED BEANS AND RICE AND SAUTEED SWISS CHARD

PASTA STATION: YOUR CHOICE OF PESTO TOPPINGS GRILLED CHICKEN, SHRIMP, BROCCOLI, OR MIXED VEGETABLES AND CHEESE

FRIDAY, DECEMBER 22ND

BREAKFAST:

- **BREAKFAST QUESADILLAS- EGGS, CHEESE & SAUSAGE WITH SOUR CREAM & SALSA**
- **2 EGGS YOUR WAY, CHEESE GRITS, TOAST & BACON**
- **OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE WITH FRUIT AND TOAST**

LUNCH:

BUILD YOUR OWN SALAD BAR: YOUR CHOICE OF MIXED GREENS, ROMAINE, OR ICEBERG LETTUCE WITH TOPPINGS [SHREDDED CHEESE, CROUTONS, DRIED CRANBERRIES, RED ONIONS, HARD BOILED EGGS, BACON BITS, GRILLED CHICKEN, SALAD SHRIMP, TOMATOES, CUCUMBERS] WITH YOUR CHOICE OF DRESSING

TACO AND NACHO BAR: YOUR CHOICE OF CHICKEN OR STEAK TACOS WITH ALL THE FIXINGS [CHEESE, SOUR CREAM, SALSA, GUACAMOLE, CILANTRO] WITH RICE AND BEANS

DINNER SPECIAL:

- **CHICKEN AND DUMPLING WITH 2 SIDES**