



SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 2PM CHRISTIAN FELLOWSHIP	4  NO BUS SERVICE	5 10AM STANDING AEROBICS-HH 1130AM STANDING TAI CHI-HH 1PM MANIPULATION-AZ 130PM RUMMIKUB-GR 3PM TRIVIA -MR 630PM VESPERS-SP	6 10AM CHAIR YOGA-HH 11AM DANCE CARDIO-HH 11AM EPISCOPAL EUCHARIST-MR 130PM BINGO-GR 130PM BIBLE STUDY-MR 7PM RHTHYM & ROUGUE-SP	7 10AM VAN GOGH EXPERIENCE W/ LUNCH AT BROOKLYN CAFÉ-BD [RESIDENT \$29.90] 10AM CHAIR AEROBICS-HH 130PM TAI CHI-HH 430PM HOMECOMING TAILGATE PARTY-DR	1 10AM CARDIO EXERCISE-HH 11AM WATER AEROBICS-PL 2PM BIRTHDAY CELEBRATION-BL	2 10AM STRENGTH/BALANCE-HH 2PM MUSIC W/MCWILLIAMS-SP 345PM VIGIL CATHOLIC MASS-SP 7PM POKER-GR
10 2PM CHRISTIAN FELLOWSHIP	11 10AM CHAIR YOGA-HH 1030AM BINGO-PCC 130PM LINE DANCE-HH 3PM CURRENT EVENTS-SP 7PM PHASE 10-GR 	12 10AM STANDING AEROBICS-HH 1130AM STANDING TAI CHI-HH 1PM MANIPULATION-AZ 130PM RUMMIKUB-GR 230PM SHOW & TELL-HH 630PM VESPERS-SP	13 10AM CHAIR YOGA-HH 11AM DANCE CARDIO-HH 11AM EPISCOPAL EUCHARIST-MR 130PM BINGO-GR 130PM BIBLE STUDY-MR 330PM MUSIC TO MY EARS-SP	14 9:00AM CDC MUSEUM W/LUNCH AT KANI HOUSE-BD RESIDENTS NO FEE 10AM CHAIR AEROBICS-HH 130PM TAI CHI-HH	8 10AM DESTINATION THEATER MAGIC AND MOTOWN W/MUFFINS AND COFFEE-SP 10AM CARDIO EXERCISE-HH 11AM WATER AEROBICS-PL 330PM LAIGH LANGLEY AND TRIO-SP	9 10AM STRENGTH/BALANCE-HH 12PM HELP TECH AND GAMES W/ YOUNG MEN'S LEAGUE-MG 1PM NCL GAME DAY-SP 345PM VIGIL CATHOLIC MASS-SP 7PM POKER-GR
17 2PM CHRISTIAN FELLOWSHIP	18 10AM CHAIR YOGA-HH 1030AM BINGO-PCC 130PM LINE DANCE-HH 7PM PHASE 10-GR 7PM BOB'S BROADWAY RE- HERSAL PERFORMANCE-SP	19 10AM STANDING AEROBICS-HH 1130AM STANDING TAI CHI-HH 1PM MANIPULATION-AZ 130PM RUMMIKUB-GR 3PM TRIVIA-MR 630PM VESPERS-SP	20 10AM CHAIR YOGA-HH 11AM DANCE CARDIO-HH 11AM EPISCOPAL EUCHARIST-MR 130PM BOARD MEETING-SP 130PM BINGO-GR 130PM BIBLE STUDY-MR 7PM BOB'S BROADWAY REHERSAL PERFORMANCE-SP	21 10AM JIM HOWE TOUR OF DAHLONEGA W/LUNCH AT THE SMITH HOUSE-BD [RESIDENTS \$15.00] 10AM CHAIR AEROBICS-HH 130PM TAI CHI-HH	15 10AM DAY OF PAMPERING W/CHERYL SYKES-SP [PLEASE SEE ACTIVITY WALL TO SIGN-UP] 10AM CARDIO EXERCISE-HH 11AM WATER AEROBICS-PL	16 10AM STRENGTH/BALANCE-HH 12PM HELP TECH AND GAMES W/ YOUNG MEN'S LEAGUE-MG 2PM RETRO JAZZ KATZ-SP 345PM VIGIL CATHOLIC MASS-SP 7PM POKER-GR
24 2PM CHRISTIAN FELLOW- SHIP 4PM BOOKCLUB-HH	25 10AM CHAIR YOGA-HH 1030AM BINGO-PCC 130PM LINE DANCE-HH 3PM CURRENT EVENTS-SP 7PM PHASE 10-GR	26 10AM STANDING AEROBICS-HH 1130AM STANDING TAI CHI-HH 1PM MANIPULATION-AZ 130PM RUMMIKUB-GR 2PM COOKING CLASS W/DAMIEN AND DONNA-DR 630PM VESPERS-SP	27 10AM CHAIR YOGA-HH 11AM DANCE CARDIO-HH 11AM EPISCOPAL EUCHARIST-MR 130PM BINGO-GR 130PM BIBLE STUDY-MR 330PM SHARP AFFAIR BAND-SP	28 10AM ILLUMINARIUM MUSEUM SPACE THEME W/LUNCH AT ZAFFRON-BD [RESIDENTS \$27.50] 10AM CHAIR AEROBICS-HH 130PM TAI CHI-HH	22 10AM CARDIO EXERCISE-HH 11AM WATER AEROBICS-PL 2PM FALL HAPPY HOUR-BL 330PM LOOSE SHOES BAND- SP	23 10AM STRENGTH/BALANCE-HH 1015AM HAPPY TAILS PET THERAPY-BL 345PM VIGIL CATHOLIC MASS-SP 7PM POKER-GR
						30 10AM STRENGTH AND BALANCE-HH 345PM VIGIL CATHOLIC MASS -SP 7PM POKER-GR

- BACK LOBBY (BL)
- SUN PORCH (SP)
- MAGNOLIA ROOM (MR)
- BUS DEPOT (BD)
- HAMMOND HALL (HH)
- GAME ROOM (GR)
- COURTYARD (CTYRD)
- AZALEA ROOM (AZ)

EXERCISE CLASSES

HAMMOND HALL

MONDAY 10:00AM—CHAIR YOGA

TUESDAY 10:00AM—STANDING AEROBICS/11:30AM STANDING TAI CHI

WEDNESDAY 10:00AM -CHAIR YOGA/11:00AM
ACTIVE DANCE CARDIO

THURSDAY 10:00AM CHAIR AEROBICS/1:30PM-
TAI CHI

FRIDAY 10:00AM CARDIO EXERCISE

SATURDAY 10:00AM STRENGTH AND
BALANCE



Join Us IN Worship

VIGIL CATHOLIC MASS - SATURDAYS 3:45PM IN SUNPORCH

CHRISTIAN FELLOWSHIP - SUNDAYS 2:00PM IN SUN PORCH

BIBLE STUDY - MONDAYS 2:00PM MAGNOLIA ROOM

VESPERS - TUESDAYS 6:30PM SUNPORCH

EPISCOPAL EUCHARIST - WEDNESDAYS 11:00AM MAGNOLIA ROOM

BIBLE STUDY - WEDNESDAYS 1:30PM MAGNOLIA ROOM

THE CHOSEN BIBLE STUDY - THURSDAYS 1:30PM MAGNOLIA ROOM



WEDNESDAY

9:00AM TRADER JOE'S AND CVS

(RETURN 10:15AM)

10:45AM ALDI

1:30PM KROGER AND BANKS

3:00PM PUBLIX

FRIDAY

9:00AM PUBLIX

10:45AM WALMART

1:30PM KROGER AND DRY CLEANERS

3:00PM COSTCO (EVERY OTHER FRIDAY) AND
TARGET (EVERY OTHER FRIDAY)

**IF YOU HAVE A DOCTOR'S APPT
WITHIN A 5 MILE RADIUS
FROM MVT, PLEASE CONTACT
THE FRONT DESK TO SIGN-UP
FOR MEDICAL BUS MONDAY
AND TUESDAY ONLY!!**



HAPPY BIRTHDAY

ERIS HALL A914 9/14

EHRlich DA VICTORIA LOBO A814 9/1

MELISSA ROWE B703 9/2

NANCY KENNEDY B1014 9/3

RICHARD ANDERSON A402 9/3

FRANCES HARKINS B208 9/5

MARIETTE BEERKENS B213 9/7

BARBARA LATIMER B104 9/9

NANCY MEHSERLE B415 9/11

MARGARET BRINCKMAN A909 9/12

JON DRAKE B912 9/12

REJANE MITTELSTADT B1009 9/13

DORIS DAVIES B901-903 9/14

ANITA HERMAN B801-803 9/16

JOHNNY FOWLER B913 9/18

ROBERT TOBIN A509 9/20

DAVID CHRISTIAN B110 9/20

YVONNE WRIGHT B112 9/21

MARILYN DONNELLY B410 9/22

AGNES BENSON A1015 9/23

MARY ELLEN TREPANIER B713 9/23

SARA COFFEY B906 9/25

SUE PAPCIAK B1012 9/25

SIBYL SCALES B113 9/25

BARABARA TRAMMELL A112 9/26

MARGERY COSTELLO B511 9/27

FRANCES KEATON A614 9/28

CYNTHIA MARTIN B715 9/29

KAREN WALKER A506 9/30

NEELIMA BIDDIX B611 9/30