

TOWERS TALK MAY 26, 2023



**“Our flag doesn’t fly
because the wind moves it,
but because of the last
breath of each soldier who
died
protecting it.”**

TOWERS TALK– MAY 26, 2023



	SATURDAY 05/27/2023	
TIME	EVENT	LOCATION
10:00 AM	CHAIR YOGA	HAMMOND HALL
10:15AM	HAPPY TAILS PET THERAPY	BACK LOBBY
2:00PM	MOVIE: TOUCH OF EVIL	HAMMOND HALL
3:45 PM	VIGIL MASS	SUN PORCH
7:00 PM	POKER	GAME ROOM

	SUNDAY 05/28/2023	
TIME	EVENT	LOCATION
2:00 PM	CHRISTIAN FELLOWSHIP	SUN PORCH
4:00PM	BOOKCLUB	MAGNOLIA ROOM

	MONDAY 5/29/2023 NO BUS SERVICE	
		

	TUESDAY 5/30/2023	
TIME	EVENT	LOCATION
10:00 AM	STANDING AEROBICS	HAMMOND HALL
1:30PM	RUMMIKUB	GAME ROOM
3:00PM	TRIVIA	MAGNOLIA ROOM
6:30 PM	VESPERS	SUN PORCH

	WEDNESDAY 5/31/2023	
TIME	EVENT	LOCATION
9:00 AM	TRADER JOE'S & CVS	DEPOT
10:00 AM	CHAIR YOGA	HAMMOND HALL
10:45 AM	ALDI	DEPOT
11:00 AM	EPISCOPAL EUCHARIST	MAGNOLIA ROOM
1:30 PM	BINGO	GAME ROOM
1:30 PM	KROGER & BANKS	DEPOT
1:30PM	BIBLE STUDY (viewing of "The Chosen" series)	MAGNOLIA ROOM
3:00 PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
3:30PM	STEVE LONG MUSICAL	SUNPORCH
7:00 PM	CANASTA	GAME ROOM

	THURSDAY 6/1/2023	
TIME	EVENT	LOCATION
10:00AM	FORUM SHOPPING MALL PEACHTREE CORNERS W/LUNCH AT SHOPPING CENTER	BUS DEPOT
10:00 AM	CHAIR AEROBICS	HAMMOND HALL
1:30 PM	TAI CHI W/MARIE	HAMMOND HALL
3:30PM	JAZZ BY TWO BAND	SUNPORCH

	FRIDAY 6/2/2023	
TIME	EVENT	LOCATION
9:00 AM	PUBLIX	DEPOT
9:30AM	WALK AND TALK SOCIAL W/BRIANNA	FRONT LOBBY
10:00 AM	CARDIO EXERCISE	HAMMOND HALL
10:45 AM	WALMART	DEPOT
1:30 PM	KROGER & DRY CLEANERS	DEPOT
3:00PM	COSTCO	DEPOT

NEWS

With much sadness, I announce that Tj Bogans, Front Desk Receptionist, will leave us this Sunday after four wonderful years of service. Though I am sad to see Tj go, I am happy that she is pursuing her dream of finishing her nursing major and business minor.

Tj has been an integral part of the MVT community, and I and her coworkers, will miss her great personality. Please stop by the desk and wish Tj well on her new journey.

Best,

**Rita Malone
Executive Director**



ACTIVITIES

**** ALL EXERCISE CLASSES, ACTIVITIES, AND BUS RUNS
WILL CONTINUE TUESDAY MAY 30TH ****

SATURDAY MAY 27TH:

- **HAPPY TAILS PET THERAPY 10:15AM BACK LOBBY**
- **MOVIE: "Touch of Evil" Charleston Heston, Janet Leigh, Orson Welles A film noir portrait of corruption. A crooked police chief frames a Mexican youth as part of a criminal plot. An honorable Mexican narcotics investigator clashes with the chief after exploring his dark past ordinary life.**

SUNDAY MAY 28TH:

- **BOOKCLUB 4:00PM MAGNOLIA ROOM**

TUESDAY MAY 30TH:

- **TRIVIA 3:00PM MAGNOLIA ROOM**

WEDNESDAY MAY 31ST:

- **STEVE LONG MUSICAL 3:30PM SUNPORCH**

THURSDAY JUNE 1ST:

- **FORUM SHOPPING MALL PEACHTREE CORNERS W/LUNCH AT SHOPPING MALL**
- **JAZZ BY TWO CONCERT 3:30PM SUNPORCH**

FRIDAY JUNE 2ND:

- **WALK AND TALK SOCIAL W/BRIANNA 9:30AM FRONT LOBBY**

DINING ROOM

MEMORIAL DAY DINING ROOM HOURS

**BRUNCH ONLY – 11:30 AM WITH LAST SEATING AT 1:15 PM. DINING ROOM
CLOSES AT 2:00 PM.**

**Manipulation – The Azalea Room is reserved for the third (3rd) Tuesday
and Thursday of each month from 1:00 – 3:00 pm for playing or
learning the game of Manipulation.**

June dates are the 20th and the 22nd.

ACTIVITY CORNER

FORUM SHOPPING MALL



The Forum is Peachtree Corners' favorite spot for getting together and branching out. With an all-are-welcome attitude, we're continually refreshing the space with new builds, new bites, and new brands — so there's more to do and discover each day. Next time you're looking for a place to meet a friend, take the family or discover something new, come on in to our small-town downtown. We look forward to having you.

PLEASE SIGN-UP ON THE ACTIVITY WALL NEAR THE MAILROOM. IF YOU SIGNUP AND NEED TO CANCEL THE DEADLINE IS MONDAY MAY 15TH TO CANCEL. IF YOU ARE USING A WHEELCHAIR OR WALKER PLEASE BE PREPARED TO SIT IN THE BACKSEATS ON THE BUS WITH YOUR ITEMS. IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE CONTACT BRIANNA IN ACTIVITIES.

ACTIVITY CORNER

MIMOSA AND MUFFIN SOCIAL



The staff enjoyed celebrating all the
Mother's at Brunch.



OUTDOOR CONCERTS





WE WANT TO WISH,

. CONNIE NICHOLS A807 5/27

A VERY HAPPY BIRTHDAY !!

HAPPY MEMORIAL DAY MONDAY, MAY 29TH

DINE IN BRUNCH ONLY - 11:30 AM WITH LAST SEATING AT 1:15 PM. DINING ROOM CLOSSES AT 2:00 PM.

- HAMBURGER
- HOT DOG
- GRILLED CHICKEN
- CORN ON COB
- BAKED BEANS
- COLE SLAW
- RED, WHITE, AND BLUE CAKE
- FRESH WATERMELON
- FRESH FRUIT

DELIVERY OR TO-GO

CHOOSE ONE ENTREE

HAMBURGER, HOT DOG OR GRILLED CHICKEN

SIDES

CORN ON COB

BAKED BEANS

DESSERT

FRESH WATERMELON

SOUP OF THE WEEK

WEEKLY MENUS

***** MONDAY, MAY 29TH DINING ROOM OPEN FOR
BRUNCH ONLY**

TUESDAY, MAY 30TH ~ SATURDAY, JUNE 3RD

BREAKFAST

- 2 EGGS YOUR WAY, CHEESE GRITS, BACON & TOAST BELGIAN WAFFLE WITH FRESH BERRIES, WHIPPED CREAM AND SAUSAGE LINKS
- OMELETS MADE TO ORDER WITH SELECTION OF HAM, SAUSAGE, VEGETABLES AND CHEESE

CHICKEN NOODLE SOUP

VEGETABLE OF THE WEEK

GLAZED CARROTS

LUNCH SPECIALS

TUESDAY, MAY 30TH ~ SATURDAY, JUNE 3RD

- TUESDAY - DELI BAR: CHOOSE YOUR OWN BREAD FROM SUB ROLLS, WHEAT, WHITE OR RYE. ALSO, YOUR CHOICE OF MEAT FROM DELI TURKEY, DELI HAM, TUNA SALAD, CHICKEN SALAD WITH ALL FIXINGS
- BUILD YOUR OWN SALAD BAR: YOUR CHOICE OF MIXED GREENS, ROMAINE, OR ICEBERG LETTUCE WITH TOPPING (SHREDDED CHEESE, CROUTONS, DRIED CRANBERRIES, RED ONIONS, BOILED EGGS, BACON BITS, GRILLED CHICKEN, SALAD SHRIMP, TOMATOES, CUCUMBERS) WITH YOUR CHOICE OF DRESSING
- WEDNESDAY - CUBAN SANDWICH SERVED WITH 1 SIDE
- THURSDAY - REUBEN SERVED WITH 1 SIDE
- FRIDAY - BATTERED COD SERVED WITH 1 SIDE
- SATURDAY - TUKEY CLUB SANDWICH WITH 1 SIDE

DINNER SPECIALS

TUESDAY, MAY 30TH ~ SATURDAY, JUNE 3RD

- TUESDAY - VEAL MARSALA SERVED WITH 2 SIDES
- THURSDAY - BAKED FISH WITH LEMON CAPER SAUCE SERVED WITH 2 SIDES
- FRIDAY - BAKED ZITI WITH SAUSAGE SERVED WITH 2 SIDES

DINNER CHEF TABLES

WEDNESDAY, MAY 31ST

DINE IN

- MEATLOAF SERVED WITH MASHED POTATO AND GREEN PEAS
- FRIED CHICKEN SERVED WITH RICE PILAF AND ROASTED BEETS

DELIVERY OR TO-GO

- MEATLOAF SERVED WITH MASHED POTATO AND GREEN PEAS

OR

- FRIED CHICKEN SERVED WITH RICE PILAF AND ROASTED BEETS

SUNDAY BRUNCH - JUNE 4TH

DINE IN

- OMELET STATION W/ BUTTERED GRITS, BACON
- SCRAMBLED EGGS
- BUTTERMILK PANCAKES, SAUSAGE, AND
BREAKFAST
- POTATOES
- FRUIT PUTTER
- DESSERTS AND PASTRIES

DELIVERY OR TO-GO

- BUTTERMILK PANCAKES, SAUSAGE, AND
BREAKFAST POTATOES

OR

- GRILLED CHICKEN WITH PESTO, ZUCCHINI &
ROASTED CAULIFLOWER