



• MOUNT VERNON TOWERS •

Where Friends and Neighbors Come Together

Lunch Menu

Served from 11:30am-1:30pm, Monday-Saturday

Delivery & carry-out orders must be placed by 9:00am for
11:15am pickup & 11:30am delivery

Warning: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

GENERAL INFORMATION

FEES & CHARGES

Residents will be charged \$8.50 for lunch – 11:30am-1:30pm Monday-Saturday

Guests will be charged an additional \$2.00.

INCLUSIVE

All of our lunch menu items include soup or salad, main entrée/sandwich or salad, choice of one side items and a dessert option. Non-alcoholic beverages are included in all meals. Some beverages, such as milk & juice are not refillable.

EXTRAS & ADDITIONAL CHARGES

Extra items will be billed at an additional charge:

\$3.00 per meat

\$2.00 per side

\$2.00 per additional dessert

\$1.00 per two scoops of Ice cream

Extra & additional items, guest charges and upcharges are not applied to resident meal allowances.

Delivery is an additional \$3.00 service fee.

MISCELLANEOUS

Expect a wait during peak meal times.

We do not provide to-go boxes or carry out supplies unless ordering to-go or through delivery, however you are welcome to bring your own carry out box for leftovers during full-service meal periods. We do not allow to go food during buffet service meals.

SERVICE EXPECTATIONS

Everyone should have an enjoyable experience and in order for us to be able to maximize this potential our service standards and processes must be followed. To assist the community with understanding these expectations we have outlined some details below to help reduce any confusion.

We require everyone to swipe their door cards to register for their meals.

Residents will be expected to swipe, when they arrive to dine.

The host will seat all residents and their guests during lunch & dinner service. Please do not seat yourself.

Specific tables are not reserved due to the sequence & rotation of service.

We will seat each party based on the next available table in the rotation.

Food is made to order and can take time to cook. Please do not expect your orders to be ready in 5-minutes. Some orders will take longer and depending on volume of business can be delayed.

The server will take the full order of each diner at the table, this includes dessert.

Your leftovers, when providing full-service dining, can be taken home in your own carry out boxes. Food is not to leave the dining room on days that we provide brunch or buffet service.

Those that join a table that is already in the process of being served will be taken care of when the server has a moment. Understand that your order isn't likely to come out at the same time.

STARTERS

CAESAR SALAD 🍷 🥗

Romain Lettuce with house made Croutons and Parmesan Cheese

TOSSED SALAD SALAD

Fresh greens topped with tomatoes cucumbers and red onion

CUCUMBER & TOMATO SALAD 🍷

Fresh cucumbers and tomatoes tossed in a seasoned vinaigrette

COLESLAW

Shredded cabbage and carrots With a creamy house made dressing

SOUP

MONDAY: BROCCOLI AND CHEESE 🍷 🥗

TUESDAY: TOMATO BISQUE 🍷

WEDNESDAY: BAKED POTATO 🍷 🥗

THURSDAY: CARROT GINGER 🍷

FRIDAY: WILD MUSHROOM 🍷 🥗

SOUP OF THE WEEK

Chef's Weekly Selection

Please ask your server for this weeks selection.

ENTREE SALAD

GRILLED CHICKEN CAESAR 🍷 🥗

Our classic Caesar salad is topped with grilled chicken

COBB SALAD 🍷 🥗

Chopped salad topped with Bacon, Hard-boiled Egg, Avocado, Tomato and Blue Cheese crumbles

SHRIMP LOUIE SALAD 🍷 🥗

Mixed Greens Topped with shrimp, Egg, Avocado, and celery with Thousand Island Dressing

300 SALAD 🍷 🥗

Iceberg topped with fried chicken, Roma tomatoes, red onions, sweet bbq sauce, and buttermilk ranch

Warning: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

SANDWICHES

SERVED WITH ONE SIDE

BURGER YOUR WAY

100% all Beef patty with lettuce, tomato, onion, additional toppings cheese, bacon, mushroom. (Sodium-63mg, Calories-322)

BACON AND AVOCADO GRILLED CHEESE

Crisp bacon, creamy avocado, colby jack (Sodium-966mg, Calories-418)

PORTOBELLO MUSHROOM BURGER

Grilled Portobello with Swiss cheese topped with lettuce, tomato, red onions, and a basil pesto on a toasted brioche bun (Sodium-105mg, Calories-151)

SOUTHERN FRIED CHICKEN SANDWICH

Fried Chicken Breast, Mayo, and Pickles on a Buttered Brioche bun (Sodium-1165mg, Calories-359)

BLT

Toasted bread with hickory smoked bacon, lettuce, tomato and mayo (Sodium-1088mg, Calories-558)

ENTREES

SERVED WITH ONE SIDE

QUESADILLA

Flour tortilla stuffed with cheese and choice of peppers, onion, grilled chicken (Sodium-745mg, Calories-365)

CHICKEN TENDERS

Southern Style Breaded Chicken Tenderloins (sodium-627mg, Calories-365)

PEPPERONI FLATBREAD PIZZA

Flatbread topped with Marinara, Mozzarella Cheese, and Pepperoni (Sodium-1534mg, Calories-574)

SPECIAL OF THE DAY

Chef's daily selection feature.

Ask your server what today's feature is

VEGETABLE PLATE

Choose any three side items

SIDES

GREEN BEANS 

FRENCH FRIES

SPINACH 

SWEET POTATO FRIES 

BALSAMIC VEGETABLE
MEDLEY 

HOUSE MADE CHIPS

BUTTER BEANS

DAILY VEGETABLE
SPECIAL

BEVERAGES

COFFEE - HOT TEA - ICED TEA - FOUNTAIN SODA