

# TOWERS TALK– FEBRUARY 3, 2023

# ACTIVITIES

	SATURDAY 02/04/2023	
TIME	EVENT	LOCATION
10:00 AM	CHAIR YOGA	HAMMOND HALL
3:45 PM	VIGIL MASS	SUN PORCH
7:00 PM	POKER	GAME ROOM

	SUNDAY 02/05/2023	
TIME	EVENT	LOCATION
2:00 PM	CHRISTIAN FELLOWSHIP	SUN PORCH

	MONDAY 02/06/2023	
TIME	EVENT	LOCATION
10:00 AM	CHAIR YOGA	HAMMOND HALL
10:30 AM	BINGO	PCC
2:00 PM	BIBLE STUDY	MAGNOLIA ROOM
3:00PM	CURRENT EVENTS W / DON JORDON	SUN PORCH

	TUESDAY 02/07/2023	
TIME	EVENT	LOCATION
10:00 AM	STANDING AEROBICS	HAMMOND HALL
10:00 AM	VALENTINES DINNER PARTY RESERVATIONS	BACK LOBBY
1:30 PM	RUMMIKUB	GAME ROOM
3:30 PM	TRIVIA	MAGNOLIA ROOM
6:30 PM	VESPERS	SUN PORCH

	WEDNESDAY 02/08/2023	
TIME	EVENT	LOCATION
9:00 AM	TRADER JOE'S & CVS (SIGN UP AT FRONT DESK)	DEPOT
10:00 AM	CHAIR YOGA	HAMMOND HALL
10:45 AM	ALDI (SIGN UP AT FRONT DESK)	DEPOT
11:00 AM	EPISCOPAL EUCHARIST	MAGNOLIA ROOM
1:30 PM	BINGO	GAME ROOM
1:30 PM	KROGER & BANKS (SIGN UP AT FRONT DESK)	DEPOT
2:00 PM	BIBLE STUDY	MAGNOLIA ROOM
3:00 PM	PUBLIX (4:00 PM <i>RETURN</i> PICK UP TIME)	DEPOT
3:30PM	ELDERLY BROTHERS	SUN PORCH
7:00 PM	CANASTA	GAME ROOM

	THURSDAY 02/09/2023	
TIME	EVENT	LOCATION
10:00 AM	CHAIR AEROBICS	HAMMOND HALL
10:00 AM	ROBERT C WILLIAMS PAPER MAKING MUSEUM W/LUNCH AT THE SOUTH CITY KITCHEN	DEPOT
1:30 PM	TAI CHI WITH MARIE	HAMMOND HALL

	FRIDAY 02/10/2023	
TIME	EVENT	LOCATION
9:00 AM	PUBLIX (SIGN UP AT FRONT DESK)	DEPOT
9:30AM	BEIGNETS & COFFEE SOCIAL	BACK LOBBY
10:00 AM	CARDIO EXERCISE	HAMMOND HALL
10:45 AM	WALMART (SIGN UP AT FRONT DESK)	DEPOT
1:30 PM	KROGER & DRY CLEANERS (SIGN UP AT FRONT DESK)	DEPOT





## **MAINTENANCE CORNER**

**MAINTENANCE WILL BE INSPECTING THE EMERGENCY CALL SYSTEM IN CONDOS ON THE 6TH FLOOR HALL "A" ON TUESDAY, FEBRUARY 7TH, AND IN HALL "B" ON WEDNESDAY, FEBRUARY 8TH.**

## **SCAM ALERT**

**PLEASE BE AWARE OF A CURRENT SCAM THAT WE ARE CURRENTLY SEEING IN THE COMMUNITY AND IN THE BUILDING. LIKE MANY OTHER SCAMS, IT BEGINS WITH AN URGENT PHONE CALL. THE SCAMMER IMPERSONATES A COURT OR LAW ENFORCEMENT OFFICIAL, SUCH AS A SARGENT OR A SHERIFF'S OFFICER, AND CLAIMS THE VICTIM HAS FAILED TO SHOW UP IN COURT FOR JURY DUTY. THEY THREATEN THE VICTIM WITH IMMEDIATE ARREST UNLESS THEY PAY A HEFTY FINE VIA CASH APP, CREDIT CARD, PREPAID DEBIT CARD, OR MONEY TRANSFER. UNFORTUNATELY FOR THE VICTIM, ANY MONEY THEY PAY WILL GO DIRECTLY INTO THE SCAMMER'S POCKETS. THE SCAMMER WILL SOMETIMES ALSO ASK FOR PERSONAL INFORMATION, LIKE A SOCIAL SECURITY NUMBER AND OR DATE OF BIRTH, TO CHECK COURT RECORDS. OF COURSE, THE SCAMMER WILL ONLY USE THIS INFORMATION TO STEAL THE VICTIM'S IDENTITY.**

**I HAVE SPOKEN WITH LOCAL LAW ENFORCEMENT OFFICERS, AND UNDER NO CIRCUMSTANCES WOULD THEY EVER CALL YOU TO COLLECT FEES THAT YOU OWE DUE TO A FINE.**

**DO NOT GIVE ANY INFORMATION OUT TO ANY INDIVIDUAL THAT MAY CALL YOU, UNLESS YOU ARE 100% SURE YOU KNOW THE INDIVIDUAL.**



# **TABLE 300**

## **BREAKFAST**

**MONDAY FEBRUARY 6<sup>TH</sup> 2023- SATURDAY FEBRUARY 11<sup>TH</sup>**

**2023**

- **2 Eggs Your Way, Grits, Bacon & Toast**
- **Breakfast Quesadillas- Eggs, Cheese & Sausage. Served with Sour Cream & Salsa**
- **Made to Order Omelet- Choice of Ham, Sausage, Vegetables & Cheese. Served with Toast & Fruit**



# TABLE 300

## LUNCH SPECIALS

MONDAY FEBRUARY 6<sup>TH</sup> 2023- SATURDAY FEBRUARY 11<sup>TH</sup> 2023

### SOUP OF THE WEEK

Cream of Mushrooms

### VEGETABLE OF THE WEEK

SQUASH

Monday – Turkey Pot pie Served With 1 side

Tuesday – Carne Asada Tacos topped with Onions and Cilantro Served with 1 Side

Wednesday – Tri- Color Tortellini with Alfredo Sauce. Served with 1 Side

Thursday – Pulled Pork Sandwich served with 1 side

Friday – Ham and Swiss on Rye Served with 1 Side  
(Lettuce, Tomato, Onions)

Saturday - Wings your way (Buffalo, Sweet Chili, Lemon Pepper)

# TABLE 300

## DINNER SPECIALS

**MONDAY FEBRUARY 6<sup>TH</sup> 2023- FRIDAY FEBRUARY 10<sup>TH</sup> 2023**

Monday – Honey Garlic Chicken Served with Fried Rice and 1 Side

Tuesday – Fried Tilapia Served with 2 sides

Thursday - - Spaghetti with Meat sauce, served with 2 Sides

Friday – Chicken Enchilada Served with 2 Sides

WEDNESDAY, FEBRUARY 8<sup>TH</sup> 2023 CHEF TABLE

DINE - IN

Fried Chicken served with Hopping john and Sautéed Swiss Chard

Sausage and Shrimp Jambalaya Served with Broccoli

DELIVERY

Fried Chicken served with Hopping john and Sautéed Swiss Chard

Sausage and Shrimp Jambalaya Served with Broccoli



# TABLE 300

**SUNDAY BRUNCH  
FEBRUARY 12<sup>TH</sup> 2023**

**DINE IN SERVICE**

**Omelet Station w/ Grits & Sausage Links & Bacon  
Breaded Pork Chop. Served with Roasted Potatoes & Carrots.**

**Waffle Station**

**Red Velvet, Pumpkin OR Vanilla.... Plus, Toppings  
Fresh Fruit, Berries & Whip Cream.  
Danish, Muffins & Desserts.**

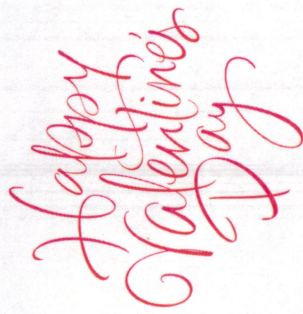
**DELIVERY SERVICE**

**Breaded Pork Chops with Roasted Potatoes & Carrots**

**OR**

**Corn beef Hash, Scrambled Eggs & Biscuit.**

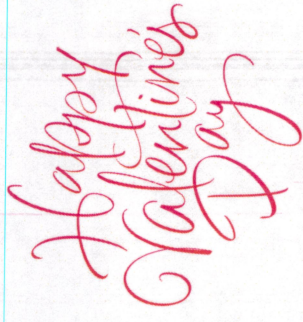




## **VALENTINE'S PLATED DINNER**

**TUESDAY, FEBRUARY 14, 2023**

**RESERVATIONS REQUIRED**



### **Salad:**

Strawberry & Spinach Salad with Almonds & Feta

### **Soup:**

Roasted Red Pepper & Gouda Soup

### **Entrée Option #1:**

Petite Sirloin with Mashed Potatoes & Grilled Asparagus

### **Entrée Option #2:**

Stuffed Chicken Breast with Mashed Potatoes & Spinach

### **Dessert Options:**

Chocolate Dipped Strawberries

Raspberry White Chocolate Cheesecake





***VALENTINE'S PLATED DINNER  
TUESDAY, FEBRUARY 14, 2023  
RESIDENTS \$18.00  
GUESTS \$20.00***

**RESERVATIONS BEGIN ON TUESDAY, FEBRUARY 7<sup>TH</sup> AT 10:00 AM IN THE BACK LOBBY**

**PLATED DINNER INCLUDES A SALAD, SOUP, ENTRÉE OPTION, CHOICE OF DESSERT, AND WINE.**

There will be (3)three seating times for the Valentine's Dinner, and each will allow for 1.5 hours of dining. Please be courteous and dine within the time allotted so that we can seat other tables.

**TIMES FOR RESERVATIONS:**

4:30pm until 6:00pm

5:00pm until 6:30pm

5:30pm until 7:00pm

No-shows and last-minute cancellations will be charged as advertised.

Please be on time, and check in at the host stand when you arrive.

## AARP TAX-AIDE NEWS FOR THE 2022 TAX YEAR

AARP Tax-Aide volunteers will again be working at the local libraries. Information is available at the following computer link – [taxaide.aarpfoundation.org](https://taxaide.aarpfoundation.org).

Some good news for Towers' residents, the Benson Center Tax-Aide site will be open again. They are open on Mondays and Wednesdays from 10 AM until 2 PM. Appointments preferred - must be made at the Benson Center and not online (call 404-613-4900). Walk-ins will be helped as time permits. They can only file Federal and the state of Georgia returns.

The Sandy Springs library will be assisting taxpayers on Tuesdays and Thursdays, online appointments preferred, with walk-ins only if time allows. To sign up for this service, you can use the same computer link shown above to make the appointment. The counselors from the library are planning on coming to the Towers on one or two Saturdays in March. Details will be available in a few weeks.

To prepare your own taxes online, use the same computer link. The taxpayer can request help from a volunteer counselor to coach them through the process using their own computer while screen-sharing. Tax-Aide also provides taxpayers with access to free software to prepare taxes totally on their own.

Access to free software is limited to taxpayers with an AGI (Adjusted Gross Income) of \$73,000 or less. You can estimate your AGI by checking the amount on line 11 of your 2021 tax return (form 1040 or 1040-SR.) If your income falls within these guidelines, click the "Request Help" button.

If you think your 2022 AGI may exceed \$73,000 and would like their help assessing it, or for other tax assistance without access to free software, you may also click Request Help.

Free self-preparation tax software is only available for the current tax year (tax year 2022). If you need their assistance with prior year returns, which cannot use the free software, you can click Request Help

What happens if you or a close family member does not have computer access and you cannot get to a Tax-Aide site? If your 2021 taxes were prepared at the Towers then I (Doris Davies) will do so again this year. This service is limited to MVT residents that do not have any income other than social security and/or retirement income, with an Adjusted Gross Income below \$73,000 and are required to file a return.

Once you have all of your documents from 2022, check your 2021 return to be sure that nothing is missing. (Make sure you have the same forms in 2022 that you had in 2021). You are ready to make an appointment with AARP or sign up at the front desk to schedule an appointment to have your taxes done here. You will then be sent an Intake/Interview & Quality Review Sheet to fill out. If you have any questions on how to complete the forms or have any other questions, contact me. Doris Davies, B903; call 404-256-2435 or text 404-725-0685.