

Mount Vernon Towers

TOWERS TALK NOVEMBER 30, 2018
FRONT DESK NUMBER 404-255-3534

Where to Worship this week

SUNDAY, DECEMBER 02

- 9:30am **Bible Study Class**
Magnolia Room
- 11:00am **Catholic Communion**
Magnolia Room
- 2:00am **Christian Fellowship**
Sun Porch

TUESDAY, DECEMBER 4

- 11:30am **Sandy Springs UM Communion**
Magnolia Room
- 3:00pm **Bible Study**
Magnolia Room
- 6:30pm **Vespers**
Ricky Hutchins
Mt. Vernon Baptist
Hammond Hall

WEDNESDAY, DECEMBER 5

- 11:00am **Episcopal Eucharist**
Magnolia Room



A106	MARIA BRATKO	12/2
B102	BOB JONES	12/3
B710	NOLA WILSON	12/4
B805	JOANNE ASCHMEYER	12/5
A105	JACKIE WATT	12/5
B510	LINDA YOUNG	12/6
P09	NADINE HALL	12/7
A512	MARSHA THRANHARDT	12/7

December Birthday's

Some famous folks were born in December.
Walt Disney is one we all remember.
Andrew Johnson's fame, not overstated;
Nor Martin Van Buren's overrated.
Eli Whitney (think of the cotton gin).
Clara Barton helped heal from chin to chin.
Joyce Kilmer's poem gave praise to trees.
Rudyard Kipling's writings still seem to please.

Martha Chambliss 2018

MOUNT VERNON TOWER RED BOX Employee Appreciation Fund

In case you haven't noticed, Chris Peterson and I have been not too subtly pointing out that it is almost time for the Employee Appreciation Party. This is when the residents take time to say "Thank you" to the employees that make up our non-management staff. This year the party will be held on December 14th so you have until December 13th to make your contribution.

Because Mount Vernon Towers has a no tipping policy, the donations made by putting cash or a check in "The Little Red Box" helps to show our servers, kitchen staff, maintenance, front desk staff, housekeeping personnel, and the PCC caregivers as well as all the other non-management staff that make living at the Towers a pleasant experience, we truly appreciate their efforts.

Please do not let this go until the last minute.
DO IT NOW!

Scott Carriere , Chairman of the Board

IMPORTANT NOTICE

NOLA WILSON - B710 LOANED A VERY IMPORTANT AND SPECIAL BOOK TO A RESIDENT HERE. SHE NO LONGER REMEMBERS WHO THAT PERSON WAS. THE TITLE OF THE BOOK IS **CHILD OF THE ARROW**. NOLA IS LEAVING IN 10-12 DAYS, TO MOVE CLOSE TO HER SISTER. SHE NEEDS THE BOOK RETURNED TO HER.

IF YOU ARE THE PERSON IN POSSESSION OF THIS BOOK, OR MAY KNOW WHO HAS IT, PLEASE CALL HER, OR BRING IT TO HER CONDO.

678-915-1513

MELODEARS REHEARSAL for CHRISTMAS



MONDAY, DEC. 3



2:00pm HAMMOND HALL

If you have sung in the past, or if you love to sing and want to join this group, we would love to have you! Just three more rehearsals!

LIGHTS OF LIFE

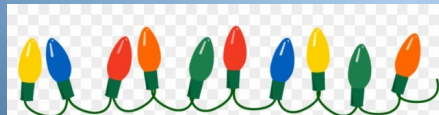
AT LIFE COLLEGE

WEDNESDAY, DEC. 5

6:00pm THE DEPOT

Maximum 27 people

Sign up on the clipboard!



TUESDAY NIGHT MOVIE

An Affair To Remember

DECEMBER 4, 7:30pm HAMMOND HALL

A man and a woman have a romance while on a cruise from Europe to New York. Despite being engaged to other people, both agree to reunite at the top of the Empire State Building in six months. However, an unfortunate accident keeps her from the reunion, and he fears that she has married or does not love him anymore.

CHRISTMAS at CALLANWOLD

Designer Showhouse

Lunch First at Murphy's

\$15 will be added to your bill

Sign up on the Clipboard

Maximum 27



Classical Guitar With Jeffrey Bianchi



The classical guitar is one of the world's most beautiful instruments. Whether performing background music, or giving full concerts, Jeff truly loves his work!

Monday, December 3rd
4:00pm Hammond Hall

ROSWELL UNITED METHODIST CHURCH CHRISTMAS FESTIVAL CONCERT



Sunday, December 9th

2:00pm - The Depot

Sign up on the Clipboard

Maximum 27



Resident Spotlight

Agnes Benson

She is just a lil ole' Alabama girl, but full of imagination, vim, and vigor. Caught daydreaming in class about travel, her inexperienced teacher repeatedly charged her with "never amounting to anything." With a hundred borrowed dollars, upon high school graduation, she traveled to Washington DC to accept a typing job with the FBI. With the travel expense behind her, she had to do some tall negotiating to make it to her first pay day a month away. A few months later she was afflicted with polio. Her most cherished success came with singly raising a teenager and two preteen daughters in Roswell GA. At age 40 she entered Georgia State University while working a full-time job and graduated 8 years later. A few years later she had a brain injury from an automobile accident. She slowly recovered. She retired from the CDC and fulfilled her lifetime dream of traveling the world.

She is a very special, 18year MVT resident.

Submitted by Frank Stovall.

- Special note from Barbara Daugherty, Activities

For those of you who do not know, Agnes was voted to serve on the Board of Directors for MVT last year, and she heads up a committee made up of residents to give help to the Activities Department, anywhere from ideas for outings and events to actual hands on help. I would like to add that she and the committee do a marvelous job.

THE TOWER BELLES PRESENT THE MERRIMENT OF



WEDNESDAY, DEC. 5TH
3:30 PM HAMMOND HALL



December 2nd 2018

11:30am-2:00pm (last seating at 1:15pm)

\$9.00 Residents, Guests \$11.00

MAIN BUFFET STATION

-BREAKFAST ITEMS-

- Assorted Seasonal Fruits & Berries
- Assorted Danish
- Scrambled Eggs
- Bacon & Sausage Patty
- Cheese Blintz
- With Strawberry Topping*

-LUNCH ITEMS -

- Mixed Green Salad
- With dressing*
- Baked Haddock w/Dill Sauce
- Maple Glazed Pork Chops
- Blue Cheese Mashed Potatoes
- Chef's Selection of Fresh Vegetables
- Chef Carved Meat:
- Roast Beef with Burgandy Au Jus

SUNDAY BRUNCH DETAILS:

- Brunch is self-service. For those who are unable to go through the line a server will take your order and deliver your food to the table.
- The server will provide beverage service to all.
- Buffet tickets will be provided upon check-in for the three stations listed in **red**. Give your ticket to the attendant to get a plate to go through each station. If you do not have a ticket you will not be able to go through the line.
- If you would like a second trip through the line you can see the host to purchase another ticket.

ADVICE FOR A SMOOTH BRUNCH:

- Be patient. Some folks need time to go through the line, omelets take time depending on what is ordered and how many are ahead of you.
- Order your omelet first and then go through the main buffet line while you wait for your omelet. Be sure to put your table # on the ticket so it can be delivered to your table when ready.

OMELET STATION

- American, Cheddar & Swiss Cheese
- Bacon, Sausage & Ham
- Asparagus, Mushrooms, Tomato, Peppers & Onions

SWEET SPOT STATION

Assorted Petit Fours

-Libations-

\$1.00 House Bloody Marys and Mimosas
Full bar available



WEEKLY SPECIALS

MONDAY, 12/3 - Mongolian Beef

Tender strips of beef cooked in a savory Asian brown sauce. *Served with White Rice and Stir Fry Vegetables.*



TUESDAY, 12/4 Honey Butter Roast Pork Loin

Pork loin marinated in honey and butter and Cajun seasoning then slow roasted to perfection. *Served with Mashed Potatoes and Fresh Seared Spinach*



WEDNESDAY, 12/5 – Chicken Cacciatore

Bone-in chicken thighs, drum & breast cooked with mushrooms, onion, bell peppers with white wine, flour & tomato. Served over bow-tie pasta noodles and a choice of one side item



THURSDAY, 12/6-Chicken and Dumplings

Tender Southern Style Chicken and dumplings with dumplings and carrots. *No other sides provided*



FRIDAY, 12/7 –Corned Beef and Cabbage

Slow cooked corned beef and cabbage served with baby carrots and red vinegar potatoes. *No substitutions please*



FRIDAY, 12/8 – Pan Seared White Fish w/ Balsamic Brown Butter Sauce

Seared white fish fillets with a balsamic brown butter sauce. *Served with green beans and Lemon & brown rice*



SOUP OF THE WEEK

Chicken Gumbo

SIDE DISH OF THE WEEK

Brown Sugar Baked Beans

DESSERT OF THE WEEK

Peach Cobbler or Pumpkin Pie

Specials are limited and may run out depending on volume of business

Pictures do not necessarily represent the way a plate will look or the amount provided